



King's Research Portal

DOI:

[10.1016/j.jpsychores.2016.09.003](https://doi.org/10.1016/j.jpsychores.2016.09.003)

Document Version

Peer reviewed version

[Link to publication record in King's Research Portal](#)

Citation for published version (APA):

Crawshaw, J., Auyeung, V., Norton, S., & Weinman, J. (2016). Identifying psychosocial predictors of medication non-adherence following acute coronary syndrome: A systematic review and meta-analysis. *Journal of Psychosomatic Research*, 90, 10-32. <https://doi.org/10.1016/j.jpsychores.2016.09.003>

Citing this paper

Please note that where the full-text provided on King's Research Portal is the Author Accepted Manuscript or Post-Print version this may differ from the final Published version. If citing, it is advised that you check and use the publisher's definitive version for pagination, volume/issue, and date of publication details. And where the final published version is provided on the Research Portal, if citing you are again advised to check the publisher's website for any subsequent corrections.

General rights

Copyright and moral rights for the publications made accessible in the Research Portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognize and abide by the legal requirements associated with these rights.

- Users may download and print one copy of any publication from the Research Portal for the purpose of private study or research.
- You may not further distribute the material or use it for any profit-making activity or commercial gain
- You may freely distribute the URL identifying the publication in the Research Portal

Take down policy

If you believe that this document breaches copyright please contact librarypure@kcl.ac.uk providing details, and we will remove access to the work immediately and investigate your claim.

Accepted Manuscript

Identifying psychosocial predictors of medication non-adherence following acute coronary syndrome: a systematic review and meta-analysis

Jacob Crawshaw MSc, Vivian Auyeung PhD, Sam Norton PhD, John Weinman PhD

PII: S0022-3999(16)30384-1
DOI: doi:[10.1016/j.jpsychores.2016.09.003](https://doi.org/10.1016/j.jpsychores.2016.09.003)
Reference: PSR 9211

To appear in: *Journal of Psychosomatic Research*

Received date: 4 February 2016
Revised date: 1 September 2016
Accepted date: 5 September 2016



Please cite this article as: Crawshaw Jacob, Auyeung Vivian, Norton Sam, Weinman John, Identifying psychosocial predictors of medication non-adherence following acute coronary syndrome: a systematic review and meta-analysis, *Journal of Psychosomatic Research* (2016), doi:[10.1016/j.jpsychores.2016.09.003](https://doi.org/10.1016/j.jpsychores.2016.09.003)

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

Identifying psychosocial predictors of medication non-adherence following acute coronary syndrome: a systematic review and meta-analysis

Jacob Crawshaw, MSc^{a*}, Vivian Auyeung, PhD^a, Sam Norton, PhD^b, John Weinman, PhD^a

^aInstitute of Pharmaceutical Science, King's College London, London, UK

^bInstitute of Psychiatry, Psychology & Neuroscience, King's College London, London, UK

* Corresponding author:

Name: Jacob Crawshaw

Address: Institute of Pharmaceutical Science, King's College London, 150 Stamford Street, London, UK,
SE1 9NH

Email: jacob.crawshaw@kcl.ac.uk

All authors take responsibility for all aspects of the reliability and freedom from bias of the data presented and their discussed interpretation.

The authors report that this study was supported by a King's College London – University of California, San Francisco PhD Studentship. The authors report no relationship that could be construed as a conflict of interest.

Keywords (3-6): acute coronary syndrome, medication adherence, psychosocial factors, depression, systematic review, meta-analysis

Abstract

Objective: Medication non-adherence following acute coronary syndrome (ACS) is associated with poor clinical outcomes. A systematic review and meta-analysis were undertaken to identify psychosocial factors associated with medication adherence in patients with ACS.

Methods: A search of electronic databases (Cochrane Library, Medline, EMBASE, PsycINFO, Web of Science, International Pharmaceutical Abstracts, CINAHL, ASSIA, OpenGrey, EthOS and WorldCat) was undertaken to identify relevant articles published in English between 2000 and 2014. Articles were screened against our inclusion criteria and data on study design, sample characteristics, predictors, outcomes, analyses, key findings and study limitations were abstracted.

Results: Our search identified 3609 records, of which 17 articles met our inclusion criteria (15 independent studies). Eight out of ten studies found an association between depression and non-adherence. A meta-analysis revealed that depressed patients were twice as likely to be non-adherent compared to patients without depression (OR = 2.00, 95% CI 1.57-3.33, $p = .015$). Type D personality was found to predict non-adherence in both studies in which it was measured. Three out of three studies reported that treatment beliefs based on the Necessity-Concerns Framework predicted medication non-adherence and there was some evidence that social support was associated with better adherence. There was insufficient data to meta-analyse all other psychosocial factors identified.

Conclusion: There was some evidence that psychosocial factors, particularly depression, were associated with medication adherence following ACS. Targeting depressive symptoms, screening for Type D personality, challenging maladaptive treatment beliefs, and providing better social support for patients may be useful strategies to improve medication adherence.

1. Introduction

1.1 Background

Acute coronary syndrome (ACS) presents a significant burden for healthcare providers with annual estimates for the number of hospitalisations totalling 175,000 and 595,000 in the UK and US respectively [1,2]. Following ACS, patients are often discharged from hospital with a number of cardiac medications. Despite their therapeutic benefit when used appropriately, many patients do not persist or adhere to the regimen prescribed to them [3,4].

A large meta-analysis estimated that approximately one third of patients were non-adherent to medication after a cardiac event, irrespective of the type of cardiac drug prescribed [5]. A retrospective analysis of 4591 patients with acute myocardial infarction (AMI) found more than 25% had not filled their cardiac medications after 1 week and 20% had still not filled their prescriptions at 4 months post-discharge [6]. Furthermore, a large prospective study of 13,830 patients with ACS found that 20% were non-adherent to angiotensin converting enzyme (ACE) inhibitors or angiotensin II receptor blockers (ARBs) 6 months after hospital discharge [7].

In addition to medication non-adherence being highly prevalent, it also predicts poor clinical outcomes in cardiac patients. Suboptimal medication adherence is associated with increased morbidity [8,9,10], mortality [9,11,12], and healthcare cost [8]. Ho [11] found that patients with AMI that discontinued aspirin, β -blocker, and statin within 1 month were 3.8 times more likely to have died by 12 months compared to patients that continued with one or more of the medications.

1.2 Predictors of medication adherence

Most of the research to date has focused on sociodemographic and disease-related factors such as age [6,9,12-16], gender [7,12,14,17,18], and disease comorbidity [9,13,16,19-21]. A recent review by Chen et al. (2015) [22] investigated predictors of medication adherence following ACS and found a lack evidence for these types of factors in predicting adherence. While it is useful to understand how sociodemographic and disease-related factors affect medication adherence, they are generally not amenable to change [22,23]. There is growing interest into how psychosocial factors - cognitive-related, mood-related and social-contextual factors - influence medication adherence, particularly around factors that have the potential to be modified through intervention [3,24].

Cognitive-related factors such as beliefs, perceptions and attitudes towards cardiac treatment may influence medication adherence [25,26]. Previous studies have shown that patient beliefs about medications predicted adherence in other cardiac patient populations including coronary heart disease (CHD) [27], heart failure [28], and hypertension [29]. It is not yet fully understood how beliefs about treatment along with other cognitions affect health behaviour following acute cardiac events.

Mood-related factors such as depression may also affect medication adherence in cardiac patients [30,31]. Depression has been shown to predict treatment non-adherence in patients with CHD [32-38]. In acute cardiac patients, the rate of depression is high (7-31%) [39] and is associated with poor clinical outcomes [40], which may in part be attributed to suboptimal medication adherence.

Other psychosocial factors relating to a patient's social context such as levels of social support may also contribute to medication adherence [41,42]. Understanding a patient's social situation is important in order to decide which treatments are most appropriate and to identify any barriers that may affect treatment adherence [43,44].

Due to the complex nature of medication adherence, it is likely that many factors contribute and overlap with one another. To our knowledge, there are no reviews of the literature pertaining to psychosocial factors in medication non-adherence following ACS.

1.3 Objectives

The aim of this systematic review was to identify psychosocial factors associated with medication non-adherence following ACS and to use meta-analysis to determine the strength of such effects.

2. Methodology

The present study is reported in accordance of both Preferred Reporting Items for Systematic reviews and Meta-Analysis (PRISMA) [45] and Meta-analysis Of Observational Studies in Epidemiology (MOOSE) [46] guidelines.

2.1 Search strategy

A search of electronic databases was undertaken in March 2015 that included the Cochrane Library, Medline, EMBASE, PsycINFO, Web of Science, International Pharmaceutical Abstracts, Cumulative Index to Nursing and Allied Health Literature (CINAHL) and Applied Social Sciences Index and Abstracts (ASSIA). An additional online search of three electronic databases - OpenGrey, EthOS and WorldCat – Thesis and Dissertations - was done to identify relevant unpublished and grey literature (work not published in peer-reviewed books and journals).

Our search was limited to English language articles published between 2000 and 2014. The decision to use this search period was based on the publication of the landmark Clopidogrel in Unstable Angina to Prevent Recurrent Events (CURE) trial in 2001 which found dual antiplatelet therapy (DAPT) consisting of clopidogrel paired with aspirin to be clinically effective in patients with coronary artery disease (CAD) [47]. Since the CURE trial, DAPT has been considered a key therapeutic regimen for secondary cardiac prevention [48-52] and it was expected our search would capture studies using the latest cardiac medication prescribing guidelines based on CURE. In addition, limiting the studies to those published in the last 15 years may assist the review to be more relevant to current clinical practice, as there have been many additional drugs and refinements in regimens in the last decade or two that have been shown to enhance outcome.

Our search terms were comprised of three themes: i) disease-related terms (i.e., “acute coronary syndrome”, “myocardial infarction”, “unstable angina”); ii) medication-related terms (i.e., “antiplatelet therapy”, “aspirin”, “statin”), and; iii) adherence-related terms (i.e., “adherence”, “persistence”, “compliance”) (see Appendix I for full search strategy). Independently sourced articles outside of the search results were identified through manually screening reference lists of relevant articles.

2.2 Inclusion criteria

The inclusion criteria were based on the Participants, Interventions, Comparator, Outcomes, and Setting (PICOS) approach in the PRISMA guidance [45]. We defined psychosocial predictors as variables that relate to the influence of social factors on an individual’s mind or behaviour and to the interrelation of behavioural and social factors [53]. Examples of psychosocial factors included: i) cognitive-related: beliefs, perceptions, attitudes, self-efficacy, coping style, ii) mood-related: mood state, perceived stress/stressors, iii) and social contextual: social influences, social support. Studies were included if they met the following criteria:

- i) Adult patients with ACS (diagnoses of myocardial infarction (MI) and/or unstable angina) over 18 years of age.
- ii) Cross-sectional, retrospective cohort or prospective cohort studies.
- iii) Measured adherence (both validated/non-validated methods) to cardiac medications including: antiplatelet agents (aspirin, thienopyridines, DAPT), ACE inhibitors, ARBs, β -blockers or lipid-lowering agents (i.e., statins), calcium channel blockers or diuretics (for treatment of cardiac disease only).
- iv) Included a standardized measurement of a psychosocial variable.
- v) Assessed the strength of association between the psychosocial factor and adherence.
- vi) Articles published in English between 2000 and 2014.

Studies were excluded if they met the following criteria:

- i) Primary prevention of ACS.
- ii) Patients under 18 years.
- iii) No measure of medication adherence.
- iv) Focused solely on non-psychosocial variables such as sociodemographic and clinical factors.
- v) Articles published pre-2000 and not in English.

2.3 Data collection

Electronic database searches were undertaken by the lead researcher (JC) who used bibliographic software to manage the search results. After duplicates were removed, the remaining articles were screened manually by title and abstract using the inclusion criteria detailed above. Relevant full-text articles were obtained and their eligibility evaluated by the lead researcher. Co-authors (VA and JW) were given a sample of 40 relevant articles that met or almost met the inclusion criteria in order to validate the search process. Any reviewer disagreements were settled by consensus, although interrater reliability was very high. Using a standardised form, information was abstracted for study country, study design, study setting, sample characteristics, sample size, medication class studied, adherence measures, follow up period, psychosocial predictors, predictor measure, main analyses, key findings and study limitations. Authors were contacted if additional information to determine eligibility was required. We contacted three authors for further information which was provided in each case.

2.4 Quality Assessment

To assess study quality, we used an adaptation of the Quality In Prognosis Studies (QUIPS) tool that was developed to identify the risk of bias in studies of prognostic factors [54]. The original QUIPS tool comprises six domains of bias: i) study participation; ii) study attrition; iii) prognostic factor

measurement; iv) outcome measurement; v) confounding measurement and; vi) statistical analyses. Oosterom-Calo et al. [55] adapted the QUIPS tool to include questions (17-items) rather than statements, with each item scored between 1 and 3. Based on an average score across all questions, studies were classified as 'poor', 'fair' or 'good' quality. The adapted QUIPS tool has been used to assess study quality in two recent systematic reviews of medicine adherence in heart failure [55,56].

2.5 Statistical Analysis

Where appropriate, direction of effect was manipulated for consistent reporting (i.e., showing associations between predictors and non-adherence rather than adherence). Where there were sufficient data, the overall effect of each predictor of adherence was pooled using a random effects method for meta-analysis. The most common effect size metric reported were odds ratios. Where another effect size was reported (e.g., standardised mean difference) this was converted to the odds ratio metric [57]. Adjusted effect size estimates were used where available. The I^2 statistic was used to estimate statistical heterogeneity and potential publication bias was determined using funnel plots and Egger's test for small study effects. All analyses were done using Stata 14.1 statistics software package.

3. Results

3.1 Selection process

An online database search of published work identified 5653 records (see Figure 1). A search of unpublished and grey literature identified 35 records and a further 19 records were independently sourced using reference lists of relevant papers. After removing 2098 duplicates, the remaining 3609 records were screened based on their title and abstract. A total of 3316 records were excluded leaving 292 articles for full-text screening. Seventeen studies [58-74] met the inclusion criteria and were included in our review (comprised of 15 independent studies [61,62,67,68]). The most common reasons for exclusion were studies reporting non-psychosocial predictors only, ineligible patient populations, and those only reporting prevalence of non-adherence (see Appendix II for full reasons for exclusion list).

3.2 Study characteristics

3.2.1 Design

Table 1 provides a descriptive summary of the studies included in this review. Over half of the included studies were conducted in the USA [58,61,62,67-70,72,74] and the majority of studies adopted a prospective cohort design [58,60-69,71,73] with follow up ranging from 3 to 24 months.

The total sample size for all included studies was 7401 (median = 208; range = 73 – 2118). Mean age of all participants was 61.8 years ($n = 16$; $SD = 4.54$; range = 53 – 75), 67.2% were male ($n = 16$; $SD = 10.55$; range = 47.7 – 84) and 85.1% were white ($n = 10$; $SD = 7.86$; range = 66 – 96).

3.2.2 Outcomes

Different methods were used to measure medication adherence. Eight studies [59,61,66,69,70,72-74] used validated self-report questionnaires such as the Morisky Medication Adherence Scale (MMAS, 4-items). Six studies [58,60,63-65,71] used non-validated self-report methods such as telephone interviews and three studies [62,67,68] used a Medication Event Monitoring System (MEMS) with cut-offs of either 75% [67,68] or 80% [62].

Adherence to aspirin alone was the most frequently measured drug [62,67,68,70,71] while four studies [59,60,69,72] measured use of aspirin, β -blockers, lipid-lowering agents, and ACE inhibitors/ARBs. Six studies did not specify the type of cardiac medication in which adherence was being measured [61,64-66,73,74]. Rates of non-adherence based on medication class can be seen in Table 2.

3.2.3 Quality assessment

Based on QUIPS tool criteria [55], all included studies were rated as 'good' [60-62,64-69,72-74] or 'fair' [58,59,63,70,71] quality. Methodological issues among 'fair' rated studies included not reporting baseline comparisons between responders and non-responders [58,59,70,71] and inadequate reporting of all predictor variables/covariates [58,59] (see Appendix III for full quality assessment screening).

3.3 Psychosocial predictors of medication adherence

Table 3 provides an overview of psychosocial predictors and their relationship with medication non-adherence.

3.3.1 Mood-related factors

Depression

Eight of ten studies found depression to be associated with non-adherence [58-62,67-69]. Six of the eight were rated as 'good' quality [60-62,67-69] and seven were prospective cohort studies [58,60-62,67-69].

Three prospective studies [62,67,68] found depression predicted aspirin non-adherence while another study [58] found an association between depression and non-adherence to ACE inhibitors/ARBs and lipid-lowering agents. Four studies [59-61,69] that found an effect did not specify cardiac drug class.

Two studies using the same patient sample compared patients post-ACS based on the course [67] and severity [68] of depression. Patients with persistent depression (baseline and 3 months follow up) were more likely to be non-adherent to MEMS-measured aspirin compared to patients with remittent depression or those without depression [67]. Additionally, patients with severe depression were over three times more likely to be non-adherent to aspirin post ACS compared to those without depression [68]. One study [60] found depression predicted non-adherence but only in patients younger than 65 years.

Two studies found no relationship between depression and medication adherence [63,71]. One study [63] found depression did not significantly predict non-adherence to aspirin, antihypertensives, and lipid-lowering agents. Another small study [71] also found no effect between depression and medication non-adherence. Depression was also found not to be associated with non-adherence to β -blockers in one study, but did predict non-adherence to other cardiac medicines [58].

Type D personality

Type D is considered the 'distressed' personality type and is comprised of two domains, negative affectivity and social inhibition. Two studies [66,73] that investigated Type D as a predictor of medication non-adherence found patients classified as having Type D personality were more likely to be

non-adherent at 3 months [73] and 6 months [66] following ACS. When assessed categorically, only negative affectivity predicted non-adherence in both studies. Self-efficacy was found to partially mediate the relationship between negative affectivity and medication non-adherence in one study [66].

3.3.2 Cognitive-related factors

Treatment beliefs

Three studies found evidence that treatment beliefs predicted medication non-adherence [58,70,72], however, there was inconsistency in the findings. Using the Beliefs about Medicines Questionnaire (BMQ), a prospective study found beliefs about drug necessity (Specific-Necessity) and also concerns about taking medication (Specific-Concern) predicted non-adherence to β -blockers, ACE inhibitors/ARBs, and lipid-lowering agents [58]. A cross-sectional study [72] found that lower scores on the Specific-Necessity subscale of the BMQ predicted lower self-reported adherence following ACS. Conversely, a cross-sectional study of 'fair' quality [70] found only the Specific-Concern subscale predicted non-adherence to aspirin after ACS.

3.3.3 Social contextual factors

Few studies have measured the effect of social support in predicting medication adherence following ACS. One prospective study [64] measured practical and emotional support in patients following ACS. Patients with lower practical support were more likely to be non-adherent to medication 12 months on, however, there was no such effect for emotional support. Additionally, one cross-sectional study [59] found that lower levels of social support predicted medication non-adherence after controlling for sociodemographic and clinical factors.

One prospective study measured social network size, here considered a proxy measure of social support [65], but found no effect on medication non-adherence 12 months after ACS. This study did, however,

find that self-reported partner stress (patients rated this based on preceding 6 months prior to ACS onset) was associated with poor medication adherence.

There were other psychosocial factors that were only investigated in singular studies. One study [62] measured cognitive (dysfunctional attitudes), behavioural (engaging in pleasant events), and psychosocial (role transitions, interpersonal conflict) vulnerabilities to determine their association with depression and medication non-adherence. Role transitions and interpersonal conflict were found to independently predict MEMS-measured aspirin non-adherence 3 months after ACS. One cross-sectional study found that life chaos – having a chaotic lifestyle and environment – was associated with self-reported non-adherence in patients with a history of AMI [74]. Another study [71] found that patients exhibiting symptoms for post-traumatic stress disorder (PTSD) were more likely to be non-adherent to aspirin following ACS.

3.4 Meta-analysis

Depression was the only psychosocial predictor identified with sufficient data for a meta-analysis. Figure 2 shows the pooled effect sizes ($n = 5058$; median = 492) for depression as a significant predictor of non-adherence ($k = 7$, [58-61,63,68,69]), $OR = 2.00$, 95% CI 1.57-3.33, $p = .015$. Three studies were excluded from this analysis based on unsuitable data [71] or not having an independent study sample [62,67]. An I^2 statistic of 61.9% suggests moderate to substantial statistical heterogeneity between studies. Publication bias was determined using a funnel plot (see Appendix IV). Additionally, Egger's test for small study effects indicated no significant bias ($p = .176$) though power was an issue with only seven studies and there was some indication of missing small studies with negative results. A sensitivity analysis using the trim and fill method [91] generated a pooled random effects estimate of $OR = 1.90$ (95% CI 1.53-2.37), which suggested the pooled effect size is likely to be robust to potential publication bias.

Figure 3 shows the pooled effect sizes for depression stratified by medication classification. When medication class was not specified ($n = 3232$; median = 480.5) depression was significantly associated with non-adherence ($k = 4$ [59-61,69]), $OR = 2.05$, 95% CI 1.39-3.03, $p = .003$. There were no other effects found between depression and non-adherence to specific cardiac medications (ACE inhibitors/ARBs, lipid-lowering agents, β -blockers, aspirin or antihypertensives).

4. Discussion

To our knowledge, this is the first study to review and meta-analyse the evidence regarding psychosocial determinants of medication non-adherence following ACS. Our study included 17 studies that assessed a range of psychosocial factors relating to patients' mood, cognition and social context.

Depression was the most commonly studied psychosocial factor and was found to predict adherence in the majority of studies (eight of ten studies; [58-62,67-69]). Our analysis revealed that patients exhibiting depressive symptoms following ACS were twice as likely to be non-adherent compared to non-depressed. When the class of medication was not specified (i.e., any cardiac medication), depression was associated with a 2.05 increased risk of non-adherence. There was no such association found between depression and other specific cardiac medications, however, this is likely to have been affected by the small number of studies testing these relationships. Our findings are congruous with previous studies that have found strong associations between depression and medication non-adherence in patients with CAD [32,34,37].

We found patients classified as having Type D or 'distressed' personality type were more likely to be non-adherent to medication following ACS. Individuals with Type D personality have a propensity for negative affectivity (i.e., worry and stress) and social inhibition (i.e., anxiety and apprehension) [92]. Our

review found evidence that when measured categorically, negative affectivity predicted adherence while social inhibition did not.

In addition to mood-related factors, this review also provided some evidence that cognitive factors such as treatment beliefs based on the Necessity-Concerns Framework (NCF) were associated with medication non-adherence [26]. Stronger beliefs about needing medicines (necessity beliefs) coupled with a lack of concern about medicines potentially causing harm (concern beliefs) predicted better adherence, however, there was insufficient data available to conduct a meta-analysis of the three studies included. These findings support previous studies that have used the NCF to predict medication adherence in other cardiac conditions including CHD [27], heart failure [28], and hypertension [29].

There was some evidence that the social context or situation of patients affects medication-taking behaviour. Findings from single studies revealed that increased partner stress, interpersonal conflict, number of role transitions, and perceived life chaos are all factors associated with medication non-adherence. In addition, lower perceived social support and, in particular, practical support was also found to predict medication adherence. While this evidence is compelling, there are not enough studies investigating the role of such social contextual factors to draw firm conclusions.

We believe that this review is the first to specifically identify psychosocial factors related to post-ACS medication use. A recent review by Chen et al. (2015) [22] did investigate predictors of medication adherence post-ACS, however, it focused on sociodemographic and clinical factors rather than psychosocial correlates. There was little overlap between the two reviews in terms of eligible studies with just two included in both reviews [58,68].

The link between depression and cardiac disease has long been established and the mechanisms behind this relationship widely discussed [40]. It has been posited that negative health behaviours may mediate the relationship between depression and risk of acute cardiac episodes [31]. The recent Coronary

Psychosocial Evaluation Studies (COPES) trial investigated the effect of an enhanced depression intervention to improve adherence to secondary prevention behaviours following ACS [93]. Findings from the COPES trial highlight the need for future work to focus on identifying specific adherence intervention strategies that can be implemented alongside treatment for depression.

Negative beliefs about treatment or about illness more generally may act as a barrier to adherence. Challenging treatment beliefs and illness perceptions may be a useful strategy to improve rates of adherence, however, the effectiveness of interventions have been mixed [94]. Petrie et al. [95] developed an intervention to change how patients perceived their illness following MI. Patients receiving the intervention were less likely to believe their illness was permanent and felt more in control of their recovery. They also reported fewer angina symptoms and returned to work quicker than those in the control group. In a similar study, Broadbent et al. [96] found their intervention improved patients' understanding of their condition and altered beliefs about illness causation. The intervention group again returned to work quicker than controls. Further work should focus on developing novel behaviour change techniques focused on the cognitive processes involved in making treatment decisions and following treatment advice.

This review found some evidence that social support was associated with medication adherence, specifically practical support. DiMatteo [41] investigated the association between social support and treatment adherence across diseases and conditions. Findings from 29 studies revealed that practical support was strongly correlated with treatment adherence and that the risk of non-adherence was almost double among patients lacking practical support. Promoting existing contacts such as friends and family to support patients with the practical aspects of drug purchasing and administration has been suggested as an effective strategy to improve adherence [42].

Previous evidence has shown that treatment non-adherence is a significant barrier to recovery after an ACS event. Poor clinical responses to treatment can be easily interpreted as an issue with the therapy rather than attributed to a problem with adherence [97]. This may lead to needless dose increases, unnecessary augmentation of therapy with additional medications, or loss of clinical benefit due to discontinuation of the medicine for perceived lack of effect. Further, this can affect clinical outcomes such as increasing the risk of adverse events. Identifying factors associated with medication non-adherence is important in order to highlight patients at risk and to offer additional support for those experiencing difficulties with their medications.

4.1 Clinical implications

Adherence is a complex health behaviour that is unsurprisingly associated with a range of psychosocial factors. Routinely screening for psychosocial factors such as depression, treatment beliefs, and levels of social support after an ACS event may be an effective approach to identify individuals at risk of adherence problems. The BDI and PHQ are self-report measures that are both well-validated and easy to administer in an acute setting and may be a suitable option for clinicians to use routinely to screen for depression in patients with ACS [98].

In addition, the BMQ has shown good reliability in measuring patients' beliefs about drug necessity and concern in cardiac populations [27-29] and could be utilised in clinical settings to recognise maladaptive beliefs around medication use. One strategy could be to administer the BMQ prior to hospital discharge to identify patients' attitudes towards medications. This information could then be discussed during a subsequent follow up appointment with their primary care provider. A strategy such as this would provide an opportunity for an open discussion between patient and care provider where any negative beliefs or misconceptions about medicines could be identified and treated accordingly.

The findings from this review highlight the importance of psychosocial factors in terms of medication use, however, there may be wider influences on recovery following ACS. There is evidence that psychosocial factors such as illness perceptions [99-101] and depression [102-104] predict other behavioural components of a cardiac treatment regimen such as smoking cessation and exercise training/rehabilitation. Thus, addressing psychosocial factors could potentially have an even larger role in improving medical outcome in cardiac patients.

There are a variety of methods to measure medicine adherence including self-report questionnaires, pill counts, frequency of dispensing, timing of prescription refills, electronic monitors and biochemical indicators. There are pros and cons to each method of measurement [105]. For example, self-report questionnaires are cheap and easy to administer in most clinical settings, however, may underestimate non-adherence because of patients' desire to be perceived as compliant (social desirability bias). Electronic monitors provide real-time information about when a patient accesses their pill container, however, there is no guarantee that the medicine is taken after the container is accessed. Finding the most appropriate method to measure adherence is a contentious issue and despite a range of different methods available, there is currently no 'gold standard' to measure adherence that is equally accurate, sensitive, and practical to use [3]. This presents a challenge for those working in adherence research and highlights the need for further work to be done in developing appropriate tools for measurement [106].

4.2 Limitations

- The decision to search only for articles in English was based on convenience. As a result, potentially relevant non-English articles would have been missed. In addition, we only searched for articles published between 2000 and 2014 meaning that pre-2000 publications were overlooked. This decision was based on the publication date of the CURE trial which advocated the use of DAPT to treat ACS [47]. We expected to find some studies that had investigated the

role of psychosocial factors in determining DAPT adherence, however, our search strategy found none.

- Only the lead researcher (JC) manually screened all articles, thus limiting the validity of the search process. Co-authors (VA and JW) were only partially involved in full-text screening using the inclusion criteria. Ideally, multiple members of the research team should screen all articles identified in the search process.
- When undertaking a systematic review, there is always a risk of publication bias where negative studies of predictors not being associated with non-adherence might be less likely to get published. We tried to ameliorate this issue by undertaking a grey literature search of unpublished work. None of the included studies were identified using this search strategy.
- A number of the studies did not use validated measures of medication adherence which limits the strength of their findings. We decided not to exclude studies based on the method used to measure adherence as this would have significantly reduced the number of included articles.

This particular point is indicative of a wider issue around measuring medication adherence.

4.3 Conclusions

This review and meta-analysis found evidence that psychosocial factors are associated with medication adherence following ACS. Firstly, we found that depression was a significant risk factor for non-adherence and along with individuals classified as having a Type D personality could be routinely screened for during hospitalisation. Secondly, there was some evidence that cognitive-related factors such as treatment beliefs also predicted medication adherence. Emphasising the necessity of medicines in improving health and addressing concerns about medicines may be a useful strategy to improve adherence. Finally, offering better support for patients and placing a greater emphasis on understanding their social situation may also provide an avenue for treatment for patients with ACS. Based on the

findings of this review, we suggest that psychosocial factors are important in determining adherence and future work should focus on how to target these types of patient-related factors to improve health outcomes following ACS.

5. References

- [1] Townsend N, Williams J, Bhatnager P, Wickramasinghe K, Raynor M. Cardiovascular Disease Statistics 2014. Oxford: British Heart Foundation; 2014.
- [2] Mozaffarian D, Benjamin EJ, Go AS, Arnett DK, Blaha MJ, Cushman M, de Ferranti S, Despres JP, Fullerton HJ, Howard VJ, Huffman MD. Heart disease and stroke statistics-2015 update: a report from the American Heart Association. *Circulation*. 2015 Jan 27;131(4):e29.
- [3] Osterberg L, Blaschke T. Adherence to medication. *New England Journal of Medicine*. 2005 Aug 4;353(5):487-97.
- [4] Silcock J, Standage C. Exploring patient adherence to cardiovascular medicines. *British Journal of Cardiac Nursing*. 2007 May;2(5):223-8.
- [5] Naderi SH, Bestwick JP, Wald DS. Adherence to drugs that prevent cardiovascular disease: meta-analysis on 376,162 patients. *The American journal of medicine*. 2012 Sep 30;125(9):882-7.
- [6] Jackevicius CA, Li P, Tu JV. Prevalence, predictors, and outcomes of primary nonadherence after acute myocardial infarction. *Circulation*. 2008 Feb 26;117(8):1028-36.
- [7] Eagle KA, Kline-Rogers E, Goodman SG, Gurfinkel EP, Avezum A, Flather MD, Granger CB, Erickson S, White K, Steg PG. Adherence to evidence-based therapies after discharge for acute coronary syndromes:

an ongoing prospective, observational study. The American journal of medicine. 2004 Jul 15;117(2):73-81.

[8] Bitton A, Choudhry NK, Matlin OS, Swanton K, Shrank WH. The impact of medication adherence on coronary artery disease costs and outcomes: a systematic review. The American journal of medicine. 2013 Apr 30;126(4):357-e7.

[9] Ho PM, Magid DJ, Shetterly SM, Olson KL, Maddox TM, Peterson PN, Masoudi FA, Rumsfeld JS. Medication nonadherence is associated with a broad range of adverse outcomes in patients with coronary artery disease. American heart journal. 2008 Apr 30;155(4):772-9.

[10] Simpson RJ, Mendys P. The effects of adherence and persistence on clinical outcomes in patients treated with statins: a systematic review. Journal of clinical lipidology. 2010 Dec 31;4(6):462-71.

[11] Ho PM, Spertus JA, Masoudi FA, Reid KJ, Peterson ED, Magid DJ, Krumholz HM, Rumsfeld JS. Impact of medication therapy discontinuation on mortality after myocardial infarction. Archives of Internal Medicine. 2006 Sep 25;166(17):1842-7.

[12] Rasmussen JN, Chong A, Alter DA. Relationship between adherence to evidence-based pharmacotherapy and long-term mortality after acute myocardial infarction. Jama. 2007 Jan 10;297(2):177-86.

[13] Boggon R, van Staa TP, Timmis A, Hemingway H, Ray KK, Begg A, Emma C, Fox KA. Clopidogrel discontinuation after acute coronary syndromes: frequency, predictors and associations with death and myocardial infarction—a hospital registry-primary care linked cohort (MINAP–GPRD). European heart journal. 2011 Oct 1;32(19):2376-86.

- [14] Newby LK, LaPointe NM, Chen AY, Kramer JM, Hammill BG, DeLong ER, Muhlbaier LH, Califf RM. Long-term adherence to evidence-based secondary prevention therapies in coronary artery disease. *Circulation*. 2006 Jan 17;113(2):203-12.
- [15] Spertus JA, Kettelkamp R, Vance C, Decker C, Jones PG, Rumsfeld JS, Messenger JC, Khanal S, Peterson ED, Bach RG, Krumholz HM. Prevalence, predictors, and outcomes of premature discontinuation of thienopyridine therapy after drug-eluting stent placement results from the PREMIER registry. *Circulation*. 2006 Jun 20;113(24):2803-9.
- [16] Zhu B, Zhao Z, McCollam P, Anderson J, Bae JP, Fu H, Zettler M, LeNarz L. Factors associated with clopidogrel use, adherence, and persistence in patients with acute coronary syndromes undergoing percutaneous coronary intervention. *Current Medical Research & Opinion*. 2011 Jan 18;27(3):633-41.
- [17] Akincigil A, Bowblis JR, Levin C, Jan S, Patel M, Crystal S. Long-term adherence to evidence based secondary prevention therapies after acute myocardial infarction. *Journal of general internal medicine*. 2008 Feb 1;23(2):115-21.
- [18] Gislason GH, Rasmussen JN, Abildstrøm SZ, Gadsbøll N, Buch P, Friberg J, Rasmussen S, Køber L, Stender S, Madsen M, Torp-Pedersen C. Long-term compliance with beta-blockers, angiotensin-converting enzyme inhibitors, and statins after acute myocardial infarction. *European heart journal*. 2006 May 1;27(10):1153-8.
- [19] Ko DT, Chiu M, Guo H, Austin PC, Marquis JF, Tu JV. Patterns of use of thienopyridine therapy after percutaneous coronary interventions with drug-eluting stents and bare-metal stents. *American heart journal*. 2009 Oct 31;158(4):592-8.

- [20] Nordstrom BL, Simeone JC, Zhao Z, Molife C, McCollam PL, Ye X, Effron MB. Adherence and persistence with prasugrel following acute coronary syndrome with percutaneous coronary intervention. *American Journal of Cardiovascular Drugs*. 2013 Aug 1;13(4):263-71.
- [21] Quadros AS, Welter DI, Camozzatto FO, Chaves Á, Mehta RH, Gottschall CA, Lopes RD. Identifying patients at risk for premature discontinuation of thienopyridine after coronary stent implantation. *The American journal of cardiology*. 2011 Mar 1;107(5):685-9.
- [22] Chen HY, Saczynski JS, Lapane KL, Kiefe CI, Goldberg RJ. Adherence to evidence-based secondary prevention pharmacotherapy in patients after an acute coronary syndrome: A systematic review. *Heart & Lung: The Journal of Acute and Critical Care*. 2015 Aug 31;44(4):299-308.
- [23] Nieuwlaat R, Wilczynski N, Navarro T, Hobson N, Jeffery R, Keenanasseril A, Agoritsas T, Mistry N, Iorio A, Jack S, Sivaramalingam B. Interventions for enhancing medication adherence. *Cochrane Database Syst Rev*. 2014;11.
- [24] Wheeler KJ, Roberts ME, Neiheisel MB. Medication adherence part two: Predictors of nonadherence and adherence. *Journal of the American Association of Nurse Practitioners*. 2014 Apr 1;26(4):225-32.
- [25] Clifford S, Barber N, Horne R. Understanding different beliefs held by adherers, unintentional nonadherers, and intentional nonadherers: application of the necessity–concerns framework. *Journal of psychosomatic research*. 2008 Jan 31;64(1):41-6.
- [26] Horne R, Weinman J, Hankins M. The beliefs about medicines questionnaire: the development and evaluation of a new method for assessing the cognitive representation of medication. *Psychology and health*. 1999 Jan 1;14(1):1-24.

- [27] Byrne M, Walsh J, Murphy AW. Secondary prevention of coronary heart disease: patient beliefs and health-related behaviour. *Journal of psychosomatic research*. 2005 May 31;58(5):403-15.
- [28] George J, Shalansky SJ. Predictors of refill non-adherence in patients with heart failure. *British journal of clinical pharmacology*. 2007 Apr 1;63(4):488-93.
- [29] Ross S, Walker A, MacLeod MJ. Patient compliance in hypertension: role of illness perceptions and treatment beliefs. *Journal of human hypertension*. 2004 Sep 1;18(9):607-13.
- [30] DiMatteo MR, Lepper HS, Croghan TW. Depression is a risk factor for noncompliance with medical treatment: meta-analysis of the effects of anxiety and depression on patient adherence. *Archives of internal medicine*. 2000 Jul 24;160(14):210
- [31] Williams ED, Steptoe A. The role of depression in the etiology of acute coronary syndrome. *Current psychiatry reports*. 2007 Dec 1;9(6):486-92.
- [32] Carney RM, Freedland KE, Eisen SA, Rich MW, Jaffe AS. Major depression and medication adherence in elderly patients with coronary artery disease. *Health Psychology*. 1995 Jan;14(1):88.
- [33] Carney RM, Freedland KE, Eisen SA, Rich MW, Skala JA, Jaffe AS. Adherence to a prophylactic medication regimen in patients with symptomatic versus asymptomatic ischemic heart disease. *Behavioral Medicine*. 1998 Jan 1;24(1):35-9.
- [34] Dempe C, Jünger J, Hoppe S, Katzenberger ML, Möltner A, Ladwig KH, Herzog W, Schultz JH. Association of anxious and depressive symptoms with medication nonadherence in patients with stable coronary artery disease. *Journal of psychosomatic research*. 2013 Feb 28;74(2):122-7.

- [35] Gehi A, Haas D, Pipkin S, Whooley MA. Depression and medication adherence in outpatients with coronary heart disease: findings from the Heart and Soul Study. *Archives of internal medicine*. 2005 Nov 28;165(21):2508-13.
- [36] Kronish IM, Rieckmann N, Halm EA, Shimbo D, Vorchheimer D, Haas DC, Davidson KW. Persistent depression affects adherence to secondary prevention behaviors after acute coronary syndromes. *Journal of general internal medicine*. 2006 Nov 1;21(11):1178-83.
- [37] May HT, Sheng X, Catinella AP, Horne BD, Carlquist JF, Joy E. Antilipidemic adherence post-coronary artery disease diagnosis among those with and without an ICD-9 diagnosis of depression. *Journal of psychosomatic research*. 2010 Aug 31;69(2):169-74.
- [38] Ziegelstein RC, Fauerbach JA, Stevens SS, Romanelli J, Richter DP, Bush DE. Patients with depression are less likely to follow recommendations to reduce cardiac risk during recovery from a myocardial infarction. *Archives of Internal Medicine*. 2000 Jun 26;160(12):1818-23.
- [39] Thombs BD, Bass EB, Ford DE, Stewart KJ, Tsilidis KK, Patel U, Fauerbach JA, Bush DE, Ziegelstein RC. Prevalence of depression in survivors of acute myocardial infarction. *Journal of General Internal Medicine*. 2006 Jan 1;21(1):30-8.
- [40] Lichtman JH, Froelicher ES, Blumenthal JA, Carney RM, Doering LV, Frasure-Smith N, Freedland KE, Jaffe AS, Leifheit-Limson EC, Sheps DS, Vaccarino V. Depression as a risk factor for poor prognosis among patients with acute coronary syndrome: systematic review and recommendations a scientific statement from the American Heart Association. *Circulation*. 2014 Mar 25;129(12):1350-69.
- [41] DiMatteo MR. Social support and patient adherence to medical treatment: a meta-analysis. *Health psychology*. 2004 Mar;23(2):207.

- [42] Scheurer D, Choudhry N, Swanton KA, Matlin O, Shrank W. Association between different types of social support and medication adherence. *The American journal of managed care*. 2012 Dec;18(12):e461-7.
- [43] Balady GJ, Ades PA, Comoss P, Limacher M, Pina IL, Southard D, Williams MA, Bazzarre T. Core components of cardiac rehabilitation/secondary prevention programs a statement for healthcare professionals from the american heart association and the american association of cardiovascular and pulmonary rehabilitation writing group. *Circulation*. 2000 Aug 29;102(9):1069-73.
- [44] Kirscht JP, Kirscht JL, Rosenstock IM. A test of interventions to increase adherence to hypertensive medical regimens. *Health Education & Behavior*. 1981 Sep 1;8(3):261-72.
- [45] Liberati A, Altman DG, Tetzlaff J, Mulrow C, Gøtzsche PC, Ioannidis JP, Clarke M, Devereaux PJ, Kleijnen J, Moher D. The PRISMA statement for reporting systematic reviews and meta-analyses of studies that evaluate health care interventions: explanation and elaboration. *Annals of internal medicine*. 2009 Aug 18;151(4):W-65.
- [46] Stroup DF, Berlin JA, Morton SC, Olkin I, Williamson GD, Rennie D, Moher D, Becker BJ, Sipe TA, Thacker SB. Meta-analysis of observational studies in epidemiology: a proposal for reporting. *Jama*. 2000 Apr 19;283(15):2008-12.
- [47] Yusuf S, Fox KA, Tognoni G, Mehta SR, Chrolavicius S, Keltai M, Jánosi A, Soltész P. Effects of clopidogrel in addition to aspirin in patients with acute coronary syndromes without ST-segment elevation. *New England Journal of Medicine*. 2001;345(7):494-502.
- [48] Budaj A, Yusuf S, Mehta SR, Fox KA, Tognoni G, Zhao F, Chrolavicius S, Hunt D, Keltai M, Franzosi MG. Benefit of clopidogrel in patients with acute coronary syndromes without ST-segment elevation in various risk groups. *Circulation*. 2002 Sep 24;106(13):1622-6.

- [49] Fox KA, Mehta SR, Peters R, Zhao F, Lakkis N, Gersh BJ, Yusuf S. Benefits and Risks of the Combination of Clopidogrel and Aspirin in Patients Undergoing Surgical Revascularization for Non-ST-Elevation Acute Coronary Syndrome The Clopidogrel in Unstable angina to prevent Recurrent ischemic Events (CURE) Trial. *Circulation*. 2004 Sep 7;110(10):1202-8.
- [50] Lewis BS, Mehta SR, Fox KA, Halon DA, Zhao F, Peters RJ, Keltai M, Budaj A, Yusuf S, CURE Trial Investigators. Benefit of clopidogrel according to timing of percutaneous coronary intervention in patients with acute coronary syndromes: further results from the Clopidogrel in Unstable angina to prevent Recurrent Events (CURE) study. *American heart journal*. 2005 Dec 31;150(6):1177-84.
- [51] Mahoney EM, Mehta S, Yuan Y, Jackson J, Chen R, Gabriel S, Lamy A, Culler S, Caro J, Yusuf S, Weintraub WS. Long-term cost-effectiveness of early and sustained clopidogrel therapy for up to 1 year in patients undergoing percutaneous coronary intervention after presenting with acute coronary syndromes without ST-segment elevation. *American heart journal*. 2006 Jan 31;151(1):219-27.
- [52] Mehta SR, Yusuf S, Peters RJ, Bertrand ME, Lewis BS, Natarajan MK, Malmberg K, Rupprecht HJ, Zhao F, Chrolavicius S, Copland I. Effects of pretreatment with clopidogrel and aspirin followed by long-term therapy in patients undergoing percutaneous coronary intervention: the PCI-CURE study. *The Lancet*. 2001 Aug 18;358(9281):527-33.
- [53] Zwikker HE, van den Bemt BJ, Vrieseckolk JE, van den Ende CH, Dulmen SV. Psychosocial predictors of non-adherence to chronic medication: systematic review of longitudinal studies.
- [54] Hayden JA, Côté P, Bombardier C. Evaluation of the quality of prognosis studies in systematic reviews. *Annals of internal medicine*. 2006 Mar 21;144(6):427-37.

- [55] Oosterom-Calo R, Van Ballegooijen AJ, Terwee CB, Te Velde SJ, Brouwer IA, Jaarsma T, Brug J. Determinants of adherence to heart failure medication: a systematic literature review. *Heart failure reviews*. 2013 Jul 1;18(4):409-27.
- [56] Krueger K, Botermann L, Schorr SG, Griesse-Mammen N, Laufs U, Schulz M. Age-related medication adherence in patients with chronic heart failure: A systematic literature review. *International journal of cardiology*. 2015 Apr 1;184:728-35.
- [57] Lipsey M, Wilson D. *Practical meta-analysis* Sage Publications. Thousand Oaks, Calif. 2001.
- [58] La Pointe NM, Ou FS, Calvert SB, Melloni C, Stafford JA, Harding T, Peterson ED, Alexander KP. Association between patient beliefs and medication adherence following hospitalization for acute coronary syndrome. *American heart journal*. 2011 May 31;161(5):855-63.
- [59] Castellano JM, Sanz G, Peñalvo JL, Bansilal S, Fernández-Ortiz A, Alvarez L, Guzmán L, Linares JC, García F, D'Aniello F, Arnáiz JA. A polypill strategy to improve adherence: results from the FOCUS project. *Journal of the American College of Cardiology*. 2014 Nov 18;64(20):2071-82.
- [60] Jin H, Tang C, Wei Q, Chen L, Sun Q, Ma G, Liu N. Age-related differences in factors associated with the underuse of recommended medications in acute coronary syndrome patients at least one year after hospital discharge. *BMC cardiovascular disorders*. 2014 Sep 24;14(1):127.
- [61] Kronish IM, Rieckmann N, Halm EA, Shimbo D, Vorchheimer D, Haas DC, Davidson KW. Persistent depression affects adherence to secondary prevention behaviors after acute coronary syndromes. *Journal of general internal medicine*. 2006 Nov 1;21(11):1178-83.
- [62] Kronish IM, Rieckmann N, Burg MM, Alcántara C, Davidson KW. The psychosocial context impacts medication adherence after acute coronary syndrome. *Annals of Behavioral Medicine*. 2014 Apr 1;47(2):158-64.

- [63] McGee HM, Doyle F, Conroy RM, De La Harpe D, Shelley E. Impact of briefly-assessed depression on secondary prevention outcomes after acute coronary syndrome: a one-year longitudinal survey. *BMC health services research*. 2006 Feb 13;6(1):9.
- [64] Molloy GJ, Perkins-Porras L, Bhattacharyya MR, Strike PC, Steptoe A. Practical support predicts medication adherence and attendance at cardiac rehabilitation following acute coronary syndrome. *Journal of psychosomatic research*. 2008 Dec 31;65(6):581-6.
- [65] Molloy GJ, Perkins-Porras L, Strike PC, Steptoe A. Social networks and partner stress as predictors of adherence to medication, rehabilitation attendance, and quality of life following acute coronary syndrome. *Health Psychology*. 2008 Jan;27(1):52.
- [66] Molloy GJ, Randall G, Wikman A, Perkins-Porras L, Messerli-Bürgy N, Steptoe A. Type D personality, self-efficacy, and medication adherence following an acute coronary syndrome. *Psychosomatic medicine*. 2012 Jan 1;74(1):100-6.
- [67] Rieckmann N, Kronish IM, Haas D, Gerin W, Chaplin WF, Burg MM, Vorchheimer D, Davidson KW. Persistent depressive symptoms lower aspirin adherence after acute coronary syndromes. *American heart journal*. 2006 Nov 30;152(5):922-7.
- [68] Rieckmann N, Gerin W, Kronish IM, Burg MM, Chaplin WF, Kong G, Lespérance F, Davidson KW. Course of depressive symptoms and medication adherence after acute coronary syndromes: an electronic medication monitoring study. *Journal of the American College of Cardiology*. 2006 Dec 5;48(11):2218-22.
- [69] Romanelli J, Fauerbach JA, Bush DE, Ziegelstein RC. The significance of depression in older patients after myocardial infarction. *Journal of the American Geriatrics Society*. 2002 May 1;50(5):817-22.

- [70] Schulman-Marcus J, Burg M, Kronish I, Davidson K, Ye S. Heightened medication concern and self-reported adherence after acute coronary syndrome. *Journal of the American College of Cardiology*. 2013 Mar 12;61(10_S).
- [71] Shemesh E, Yehuda R, Milo O, Dinur I, Rudnick A, Vered Z, Cotter G. Posttraumatic stress, nonadherence, and adverse outcome in survivors of a myocardial infarction. *Psychosomatic Medicine*. 2004 Jul 1;66(4):521-6.
- [72] Sud A, Kline-Rogers EM, Eagle KA, Fang J, Armstrong DF, Rangarajan K, Otten RF, Stafkey-Mailey DR, Taylor SD, Erickson SR. Adherence to medications by patients after acute coronary syndromes. *Annals of Pharmacotherapy*. 2005 Nov 1;39(11):1792-7.
- [73] Williams L, O'Connor RC, Grubb N, O'Carroll R. Type D personality predicts poor medication adherence in myocardial infarction patients. *Psychology & health*. 2011 Jun 1;26(6):703-12.
- [74] Zullig LL, Shaw RJ, Crowley MJ, Lindquist J, Grambow SC, Peterson E, Shah BR, Bosworth HB. Association between perceived life chaos and medication adherence in a postmyocardial infarction population. *Circulation: Cardiovascular Quality and Outcomes*. 2013 Nov 1;6(6):619-25.
- [75] Kroenke K, Spitzer RL. The PHQ-9: a new depression diagnostic and severity measure. *Psychiatr Ann*. 2002 Sep 1;32(9):1-7.
- [76] Beck A, Steer RA. *Manual for the Beck Depression Inventory*. San Antonio, TX: Psychological Corporation; 1993.
- [77] Power MJ, Katz R, McGuffin P, Duggan CF, Lam D, Beck AT. The Dysfunctional Attitude Scale (DAS): a comparison of forms A and B and proposals for a new subscaled version. *Journal of Research in Personality*. 1994 Sep 30;28(3):263-76.

- [78] Teri L, Lewinsohn PM. Modification of the Pleasant and Unpleasant Events Schedules for use with the elderly. *Journal of Consulting and Clinical Psychology*. 1982 Jun;50(3):444.
- [79] Markowitz JC, Leon AC, Miller NL, Cherry S, Clougherty KF, Villalobos L. Rater agreement on interpersonal psychotherapy problem areas. *Journal of Psychotherapy Practice and Research*. 2000 Jul 1;9(3):131-5.
- [80] Spanier GB. Measuring dyadic adjustment: New scales for assessing the quality of marriage and similar dyads. *Journal of Marriage and the Family*. 1976 Feb 1:15-28.
- [81] Zigmond AS, Snaith RP. The hospital anxiety and depression scale. *Acta psychiatr scand*. 1983 Jun 1;67(6):361-70.
- [82] Beck AT, Guth D, Steer RA, Ball R. Screening for major depression disorders in medical inpatients with the Beck Depression Inventory for Primary Care. *Behaviour research and therapy*. 1997 Aug 31;35(8):785-91.
- [83] Denollet J. Personality and coronary heart disease: the type-D scale-16 (DS16). *Annals of Behavioral Medicine*. 1998 Sep 1;20(3):209-15.
- [84] Horowitz M, Wilner N, Alvarez W. Impact of Event Scale: a measure of subjective stress. *Psychosomatic medicine*. 1979 May 1;41(3):209-18.
- [85] Derogatis LR. Symptom Checklist-90-R (SCL-90-R) Minneapolis. MN: NCS Assessments. 1975.
- [86] Denollet J. DS14: standard assessment of negative affectivity, social inhibition, and Type D personality. *Psychosomatic medicine*. 2005 Jan 1;67(1):89-97.
- [87] Wong MD, Sarkisian CA, Davis C, Kinsler J, Cunningham WE. The association between life chaos, health care use, and health status among HIV-infected persons. *Journal of general internal medicine*. 2007 Sep 1;22(9):1286-91.

- [88] Morisky DE, Green LW, Levine DM. Concurrent and predictive validity of a self-reported measure of medication adherence. *Medical care*. 1986 Jan 1;24(1):67-74.
- [89] Horne R, Weinman J. Self-regulation and self-management in asthma: exploring the role of illness perceptions and treatment beliefs in explaining non-adherence to preventer medication. *Psychology and Health*. 2002 Jan 1;17(1):17-32.
- [90] DiMatteo MR, Hays RD, Sherbourne CD. Adherence to cancer regimens: implications for treating the older patient. *Oncology (Williston Park, NY)*. 1992 Feb;6(2 Suppl):50-7.
- [91] Duval S, Tweedie R. A nonparametric “trim and fill” method of accounting for publication bias in meta-analysis. *Journal of the American Statistical Association*. 2000 Mar 1;95(449):89-98.
- [92] Williams L, O'Connor RC, Grubb NR, O'Carroll RE. Type D personality and illness perceptions in myocardial infarction patients. *Journal of psychosomatic research*. 2011 Feb 28;70(2):141-4.
- [93] Kronish IM, Rieckmann N, Burg MM, Edmondson D, Schwartz JE, Davidson KW. The effect of enhanced depression care on adherence to risk-reducing behaviors after acute coronary syndromes: findings from the COPES trial. *American heart journal*. 2012 Oct 31;164(4):524-9.
- [94] Gujral G, Winckel K, Nissen LM, Cottrell WN. Impact of community pharmacist intervention discussing patients' beliefs to improve medication adherence. *International journal of clinical pharmacy*. 2014 Oct 1;36(5):1048-58.
- [95] Petrie KJ, Cameron LD, Ellis CJ, Buick D, Weinman J. Changing illness perceptions after myocardial infarction: an early intervention randomized controlled trial. *Psychosomatic medicine*. 2002 Jul 1;64(4):580-6.

- [96] Broadbent E, Ellis CJ, Thomas J, Gamble G, Petrie KJ. Further development of an illness perception intervention for myocardial infarction patients: a randomized controlled trial. *Journal of psychosomatic research*. 2009 Jul 31;67(1):17-23.
- [97] Schulz R, Cook C, Roller L, Fincham J, Gowan J. Patient compliance with medications: Issues and opportunities. CRC Press; 2007 Mar 26.
- [98] Ceccarini MA, Manzoni GM, Castelnovo GI. Assessing depression in cardiac patients: what measures should be considered?. *Depression research and treatment*. 2014 Feb 6;2014.
- [99] French DP, Cooper A, Weinman J. Illness perceptions predict attendance at cardiac rehabilitation following acute myocardial infarction: a systematic review with meta-analysis. *Journal of psychosomatic research*. 2006 Dec 31;61(6):757-67.
- [100] Reges O, Vilchinsky N, Leibowitz M, Khaskia A, Mosseri M, Kark JD. Illness cognition as a predictor of exercise habits and participation in cardiac prevention and rehabilitation programs after acute coronary syndrome. *BMC public health*. 2013 Oct 12;13(1):1.
- [101] Taylor GH, Wilson SL, Sharp J. Medical, psychological, and sociodemographic factors associated with adherence to cardiac rehabilitation programs: a systematic review. *Journal of Cardiovascular Nursing*. 2011 May 1;26(3):202-9.
- [102] Grace SL, Abbey SE, Pinto R, Shnek ZM, Irvine J, Stewart DE. Longitudinal course of depressive symptomatology after a cardiac event: effects of gender and cardiac rehabilitation. *Psychosomatic medicine*. 2005 Jan;67(1):52.
- [103] Swardfager W, Herrmann N, Marzolini S, Saleem M, Farber SB, Kiss A, Oh PI, Lanctôt KL. Major depressive disorder predicts completion, adherence, and outcomes in cardiac rehabilitation: a

prospective cohort study of 195 patients with coronary artery disease. The Journal of clinical psychiatry.

2010 Nov 2;72(9):1-478.

[104] Thorndike AN, Regan S, McKool K, Pasternak RC, Swartz S, Torres-Finnerty N, Rigotti NA. Depressive symptoms and smoking cessation after hospitalization for cardiovascular disease. Archives of internal medicine. 2008 Jan 28;168(2):186-91.

[105] Ho PM, Bryson CL, Rumsfeld JS. Medication adherence its importance in cardiovascular outcomes. Circulation. 2009 Jun 16;119(23):3028-35.

[106] Vermeire E, Hearnshaw H, Van Royen P, Denekens J. Patient adherence to treatment: three decades of research. A comprehensive review. Journal of clinical pharmacy and therapeutics. 2001 Oct 30;26(5):331-42.

| Author | Year | Country | Study design | Setting | Follow up (months) | Sample | Sample size | Sample demographics |
|-----------------------------|------|---------|--------------|--------------------------|--------------------|--------|-------------|---|
| Allen La Pointe et al. [58] | 2011 | USA | PC | Inpatients, 41 hospitals | 3 | ACS | 973 | <p>β-blocker cohort: Mean age = 59; Male = 70%; White = 81%</p> <p>ACEi/ARBs cohort: Mean age = 59; Male = 70%; White = 79%</p> <p>LL therapy cohort: Mean age = 58; Male = 69%; White = 82%</p> |
| Castellano et al. [59] | 2014 | Various | CS | Outpatients, 64 clinics | N/A | AMI | 2118 | <p>Mean age = 64</p> <p>Male = 64%</p> |
| Jin et al. [60] | 2014 | China | PC | Inpatients, 1 hospital | 24 | ACS | 469 | <p>Mean age = 62</p> <p>Male = 70%</p> |

| | | | | | | | | |
|------------------------|------|---------|----|-----------------------------|----|-----|-----|--|
| Kronish et al. [61] | 2006 | USA | PC | Inpatients, 3 hospitals | 3 | ACS | 492 | Mean age = 61 Male = 59% |
| Kronish et al. [62] | 2014 | USA | PC | Inpatients, 3 hospitals | 3 | ACS | 169 | Mean age = 59 Male = 56% White = 86% |
| McGee et al. [63] | 2006 | Ireland | PC | Inpatients, 39 hospitals | 12 | ACS | 681 | Mean age = 63 Male = 76% White = 87% |
| Molloy et al. [64] | 2008 | England | PC | Inpatients, 4 hospitals | 12 | ACS | 262 | Mean age = 61 Male = 77% |

| | | | | | | | | |
|--------------------------|------|---------|----|----------------------------|----|-----|-----|--|
| Molloy et al. [65] | 2008 | England | PC | Inpatients, 4 hospitals | 12 | ACS | 193 | Mean age = 61 Male = 77% White = 86% |
| Molloy et al. [66] | 2012 | England | PC | Inpatients, 1 hospital | 6 | ACS | 165 | Mean age = 62 Male = 84% White = 86% |
| Rieckmann et al. [67] | 2006 | USA | PC | Inpatients, 2 hospitals | 3 | ACS | 165 | Mean age = 59 Male = 48% White = 87% |
| Rieckmann et al. [68] | 2006 | USA | PC | Inpatients, 2 hospitals | 3 | ACS | 172 | Mean age = 59 |

| | | | |
|------------------------|-----|-----|-----|
| Inpatients, 1 hospital | 4 | AMI | 153 |
| - | N/A | ACS | 510 |
| Outpatients, 1 clinic | 12 | MI | 73 |

| Williams et al. [73] | 2011 | Scotland | PC | Inpatients, 1 hospital | 3 | MI | 192 | Mean age = 66 Male = 72% |
|-----------------------------------|-------------------------|----------|------------------------------------|----------------------------|----------------------------|---------------------------------|-----------------|--|
| Zullig et al. [74] | 2013 | USA | CS | Outpatients, 1 hospital | N/A | MI | 406 | Mean age = 61 Male = 72% White = 66% |
| | | | | | | | | |
| Author | Psychosocial predictors | | Psychosocial predictor measures | | Outcome | Outcome measure | Outcome drug(s) | Quality score |
| Allen La Pointe et al. [58] | Treatment beliefs | | BMQ-Specific | | Self-reported adherence | Telephone interview (1 item) | β-blocker | Fair |
| | Depression | | - | | | | ACEi/ARBs | |

| LL therapy | | | | | | |
|------------------------|----------------------------|---|-------------------------------|---------------------------------|--|------|
| Castellano et al. [59] | Depression | PHQ-9 | Self-reported adherence | MMAS-4 | Does not break down by drug type (in analysis) | Fair |
| | Social support | - | | | | |
| Jin et al. [60] | Depression | PHQ-9 | Self-reported adherence | Telephone interview (1-2 items) | Does not break down by drug type (in analysis) | Good |
| Kronish et al. [61] | Depression | BDI | Self-reported adherence | MMAS-4 | Does not break down by drug type | Good |
| Kronish et al. [62] | Depression | BDI | Indirect measure of adherence | MEMS (80% cutoff) | Aspirin | Good |
| | Cognitive vulnerability | DAS-24 | | | | |
| | Behavioural vulnerability | PES-E | | | | |
| | Psychosocial vulnerability | Interpersonal conflict = IPARS & Role transitions = | | | | |

DAS

| | | | | | | |
|--------------------|---------------------|--|-------------------------|-------------------------------|--|------|
| McGee et al. [63] | Depression | HADS-D/BDI-FS | Self-reported adherence | Non-validated questionnaire | Aspirin Antihypertensives LL therapy | Fair |
| Molloy et al. [64] | Social support | Interview, measure devised by Berkman et al. (1992) | Self-reported adherence | Telephone interview (3 items) | Does not break down by drug type | Good |
| | Depression | BDI | | | | |
| Molloy et al. [65] | Social network size | Questionnaire devised by Cohen et al. (1997) (12 items) | Self-reported adherence | Telephone interview (3 items) | Does not break down by drug type | Good |
| | Partner stress | Clinical interview (1 item) DS-16 (negative affectivity subscale) | | | | |
| Molloy et al. [66] | Type D personality | DS-14 | Self-reported adherence | MARS | Does not break down by drug type | Good |
| | Self-efficacy | Measure devised by Rohrbaugh et al. | | | | |

(2004) (10 items)

Depression

BDI

Social support

Measure devised by
Berkman et al.
(2003) (7 items)

| | | | | | | |
|--------------------------|------------|-----|-------------------------------------|----------------------|--|------|
| Rieckmann et al. [67] | Depression | BDI | Indirect measure of adherence | MEMS (75% cutoff) | Aspirin | Good |
| Rieckmann et al. [68] | Depression | BDI | Indirect measure of adherence | MEMS (75% cutoff) | Aspirin | Good |
| Romanelli et al. [69] | Depression | BDI | Self-reported adherence | MOSSAS | Does not break down by drug type (in analysis) | Fair |

| | | | | | | |
|-----------------------------|--------------------|-------------------------------------|-------------------------|--|--|------|
| Schulman-Marcus et al. [70] | Treatment beliefs | BMQ-Specific | Self-reported adherence | MMAS | Aspirin | Fair |
| Shemesh et al. [71] | PTSD symptoms | IES | Self-reported adherence | Interview & biomarker test (thromboxane) | Aspirin | Fair |
| | Depression | SCL-90-R (depression subscale) | | | | |
| | Global distress | SCL-90-R (global distress subscale) | | | | |
| Sud et al. [72] | Treatment beliefs | BMQ | Self-reported adherence | MMAS-4 | Does not break down by drug type (in analysis) | Good |
| Williams et al. [73] | Type D personality | DS-14 | Self-reported adherence | MARS | Does not break down by drug type | Good |
| Zullig et al. [74] | Life chaos | Adaptation of CHAOS (6 items) | Self-reported adherence | MMAS-4 | Does not break down by drug type | Good |

Notes.

- = Not reported

N/A = Not applicable

Definitions.

PC = Prospective cohort

CS = Cross-sectional

ACS = Acute coronary syndrome

AMI = Acute myocardial infarction

MI = Myocardial infarction

ACEi = Angiotensin converting enzyme inhibitor

ARBs = Angiotensin II receptor blockers

LL therapy = Lipid-lowering therapy

BMQ = Beliefs about Medicines Questionnaire [26]

PHQ-9 = The Patient Health Questionnaire [75]

BDI = Beck Depression Inventory [76]

DAS-24 = Dysfunctional Attitudes Scale [77]

PES-E = Pleasant Events Schedule for the Elderly [78]

IPARS = Interpersonal Problem Area Rating Scale [79]

DAS = Dyadic Adjustment Scale [80]

HADS-D = Hospital Anxiety and Depression Scale (depression subscale) [81]

BDI-FS = Beck Depression Inventory-Fast Scale [82]

DS-16 = The Type D Scale-16 [83]

IES = Impact of Event Scale [84]

SCL-90-R = Symptom Checklist-90-Revised [85]

DS-14 = The Type D Scale-14 [86]

CHAOS = Confusion, Hubbub, and Order Scale [87]

MMAS-4 = Morisky Medication Adherence Scale-4 [88]

MEMS = Medication Event Monitoring System

MARS = Medication Adherence Report Scale [89]

MOSSAS = Medical Outcomes Study Specific Adherence Scale [90]

Table 1. Data extraction table for the included studies

ACCEPTED MANUSCRIPT

| Follow up | Drug classes | | | | | | | | Class not | |
|-----------------|-------------------------|---------|------------------|----------|-----------|---------|------------|---------|-----------|------------|
| | Aspirin | Studies | β -blocker | Studies | ACEi/ARBs | Studies | LL therapy | Studies | specified | Studies |
| 3 months | 37% [†] - 42%* | [68,67] | 23% | [58, 62] | 26% | [58] | 23% | [58] | 30%* | [61] |
| 12 months | 13% - 16% | [63,71] | - | | - | | 16% | [63] | 44% - 50% | [65,64] |
| 24 months | 68% | [60] | 71% | [60] | 67% | [60] | 75% | [60] | - | |
| Cross-sectional | 13% | [72] | 20% | [72] | 44% | [72] | 24% | [72] | 43% - 55% | [74,72,59] |

Notes.

Studies where rates of medication non-adherence not reported [66,69,70,73]

[†] = Non-adherence rates for moderate/severe depression subgroup

* = Non-adherence rates for persistently depressed subgroup

Table 2. Rates of cardiac medication non-adherence according to drug class and follow up

| Predictive factors | Author | Year | Quality score | Study design | Main analysis | Covariates included | Effect |
|-----------------------------|-----------------------------|------|---------------|--------------|----------------------------------|---|---|
| Mood-related factors | | | | | | | |
| Depression (n = 10) | | | | | | | |
| <i>Significant effect</i> | Allen La Pointe et al. [58] | 2011 | Fair | PC | Multivariate logistic regression | SocDem, clinical, health behaviours, BMQ scores | ACEi/ARBs: OR = 1.33; 95% CI 1.01-1.76; p < .05 LL therapy: OR = 1.74; 95% CI 1.36-2.23; p < .05 |
| | Castellano et al. [59] | 2014 | Fair | CS | Multivariate logistic regression | SocDem, clinical, health behaviours | OR = 1.07; 95% CI 1.04-1.09; p < .001 |
| | Jin et al. [60] | 2014 | Good | PC | Multivariate logistic regression | SocDem, comorbidity score | OR = 2.62; 95% CI 2.03-3.38; p < .001 |
| | Kronish et al. [61] | 2006 | Good | PC | Multivariate logistic regression | SocDem, comorbidity score | OR = 2.00; 95% CI 1.05-3.70, p < .05 |
| | Kronish et al. [62] | 2014 | Good | PC | Multivariate linear regression | SocDem, comorbidity score, depression vulnerabilities | Aspirin: beta = 0.42; p = .04 |
| | Rieckmann et al. [67] | 2006 | Good | PC | χ^2 analysis | N/A | Aspirin: $\chi^2 = 11.5$; p = .01 |
| | Rieckmann et al. [68] | 2006 | Good | PC | Multivariate logistic regression | SocDem, comorbidity score | Aspirin: OR = 3.7; 95% CI 1.3-10.6; p < .05 |
| | Romanelli et al. [69] | 2011 | Good | PC | ANOVA | N/A | F = 4.80; p = .03 |

| | | | | | | | |
|---------------------------------------|-----------------------------|------|------|----|--------------------------------------|---|--|
| <i>Non-significant effect</i> | McGee et al. [63] | 2006 | Fair | PC | Logistic regression | Unadjusted | Aspirin: OR = 2.0; 95% CI 0.8-3.3; p = .11 Antihypertensives: OR = 1.1; 95% CI 0.6-2.0; p = .73 LL therapy: OR = 1.7; 95% CI 0.8-3.3; p = .16 |
| | Shemesh et al. [71] | 2004 | Fair | PC | Mean difference in depression scores | N/A | Aspirin: M: 22.6 ± SD: 11.8 vs. M: 22.9 ± SD: 11.8; p = .93 |
| | Allen La Pointe et al. [58] | 2011 | Fair | PC | Multivariate logistic regression | SocDem, clinical, health behaviours, BMQ scores | β-blocker: OR = 1.28; 95% CI 0.95-1.73; p > .05 |
| Type D personality (n = 2) | | | | | | | |
| <i>Significant effect</i> | Molloy et al. [66] | 2012 | Good | PC | Multivariate linear regression | Baseline adherence scores | beta = 0.73; p < .01 |
| | Williams et al. [73] | 2011 | Good | PC | Multivariate linear regression | SocDem, clinical | beta = 0.48; p < .01 |
| Cognitive-related factors | | | | | | | |
| Necessity beliefs (BMQ; n = 3) | | | | | | | |
| <i>Significant effect</i> | Allen La Pointe et al. [58] | 2011 | Fair | PC | Multivariate logistic regression | SocDem, clinical, health behaviours, depression | β-blocker: OR = 0.94; 95% CI 0.90-0.98; p < .05 ACEi/ARBs: OR = 0.93; 95% CI 0.88-0.98; p < .05 LL therapy: OR = 0.95; 95% CI 0.91-0.99; p < .05 |

| | | | | | | | |
|-------------------------------------|-----------------------------|------|------|----|----------------------------------|---|---|
| <i>Non-significant effect</i> | Sud et al. [72] | 2005 | Good | CS | Multivariate linear regression | SocDem, comorbidity score | beta = -0.262; p = .001 |
| | Schulman-Marcus et al. [70] | 2013 | Fair | CS | Multivariate logistic regression | SocDem | Aspirin: statistics not reported, only that it was non-significant |
| Concern beliefs (BMQ; n = 3) | | | | | | | |
| <i>Significant effect</i> | Allen La Pointe et al. [58] | 2011 | Fair | PC | Multivariate logistic regression | SocDem, clinical, health behaviours, depression | <p>β-blocker: OR = 1.10; 95% CI 1.05-1.16; p < .05</p> <p>ACEi/ARBs: OR = 1.06; 95% CI 1.01-1.11; p < .05</p> <p>LL therapy: OR = 1.09; 95% CI 1.04-1.14; p < .05</p> |
| <i>Non-significant effect</i> | Schulman-Marcus et al. [70] | 2013 | Fair | CS | Multivariate logistic regression | SocDem | Aspirin: OR = 1.42; 95% CI 1.13-1.79; p < .05 |
| | Sud et al. [72] | 2005 | Good | CS | Multivariate linear regression | SocDem, comorbidity score | beta = 0.033; p = .70 |
| Social contextual factors | | | | | | | |
| Social support (n = 3) | | | | | | | |
| <i>Significant effect</i> | Castellano et al. [59] | 2014 | Fair | CS | Multivariate logistic regression | SocDem, clinical, health behaviours | OR = 0.94; 95% CI 0.92-0.96; p < .001 |
| | Molloy et al. [64] | 2008 | Good | PC | Multivariate logistic regression | SocDem, clinical, depression | OR = 0.47; 95% CI 0.23-0.94; p = .03 |

| | | | | | | | |
|---------------------------------------|---------------------|------|------|----|--------------------------------------|---|---|
| <i>Non-significant effect</i> | Molloy et al. [65] | 2008 | Good | PC | Multivariate logistic regression | SocDem, clinical, negative affectivity, relationship stress | OR = 0.72; 95% CI 0.31-1.67; p = .44 |
| Relationship stress (n = 1) | | | | | | | |
| <i>Significant effect</i> | Molloy et al. [65] | 2008 | Good | PC | Multivariate logistic regression | SocDem, clinical, negative affectivity, social network size | OR = 2.92; 95% CI 1.21-7.08, p = .02 |
| Role transitions (n = 1) | | | | | | | |
| <i>Significant effect</i> | Kronish et al. [62] | 2014 | Good | PC | Multivariate linear regression | SocDem, comorbidity score, depression | Aspirin: beta = 3.32; p = .02 |
| Interpersonal conflict (n = 1) | | | | | | | |
| <i>Significant effect</i> | Kronish et al. [62] | 2014 | Good | PC | Multivariate linear regression | SocDem, comorbidity score, depression | Aspirin: beta = 3.78; p = .03 |
| Life chaos (n = 1) | | | | | | | |
| <i>Significant effect</i> | Zullig et al. [74] | 2013 | Good | CS | Multivariate logistic regression | SocDem, health literacy scores | OR = 1.07; 95% CI 1.02-1.12; p < .05 |
| PTSD (n = 1) | | | | | | | |
| <i>Significant effect</i> | Shemesh et al. [71] | 2004 | Fair | PC | Mean difference in depression scores | N/A | Aspirin: p = .008 (M & SD not reported) |

Notes.

Did not breakdown by drug type in analysis unless otherwise stated.

Definitions.

ACEi = Angiotensin converting enzyme inhibitor

ARBs = Angiotensin II receptor blockers

LL therapy = Lipid-lowering therapy

PC = Prospective cohort

CS = Cross-sectional

BMQ = Beliefs about Medicines Questionnaire [26]

SocDem = Sociodemographic factors

PTSD = Post-traumatic stress disorder

OR = Odds ratios

CI = Confidence intervals

M = Mean

SD = Standard deviation

Table 3. Analyses and effects found between psychosocial predictors and medication non-adherence

ACCEPTED MANUSCRIPT

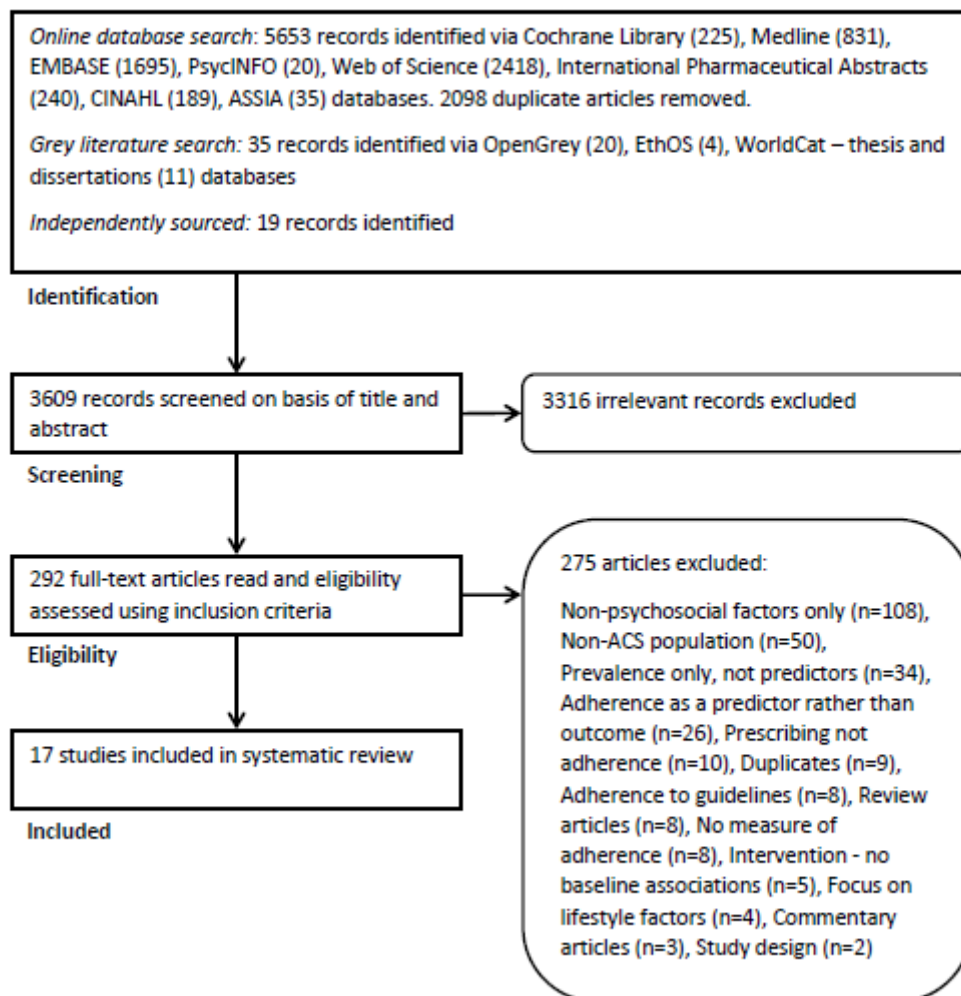


Figure 1. PRISMA flow diagram showing the study selection process

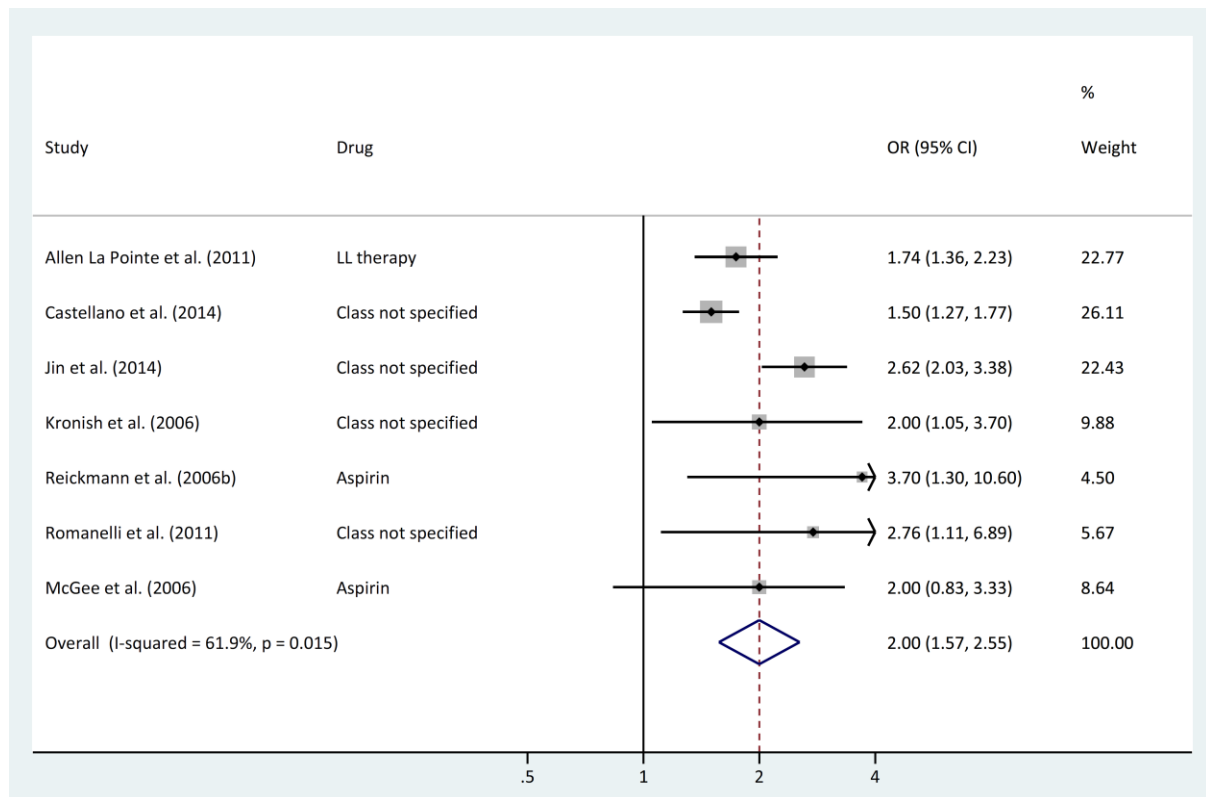


Figure 2. Forrest plot showing pooled effect sizes for selected studies that measured depression as a predictor of medication adherence

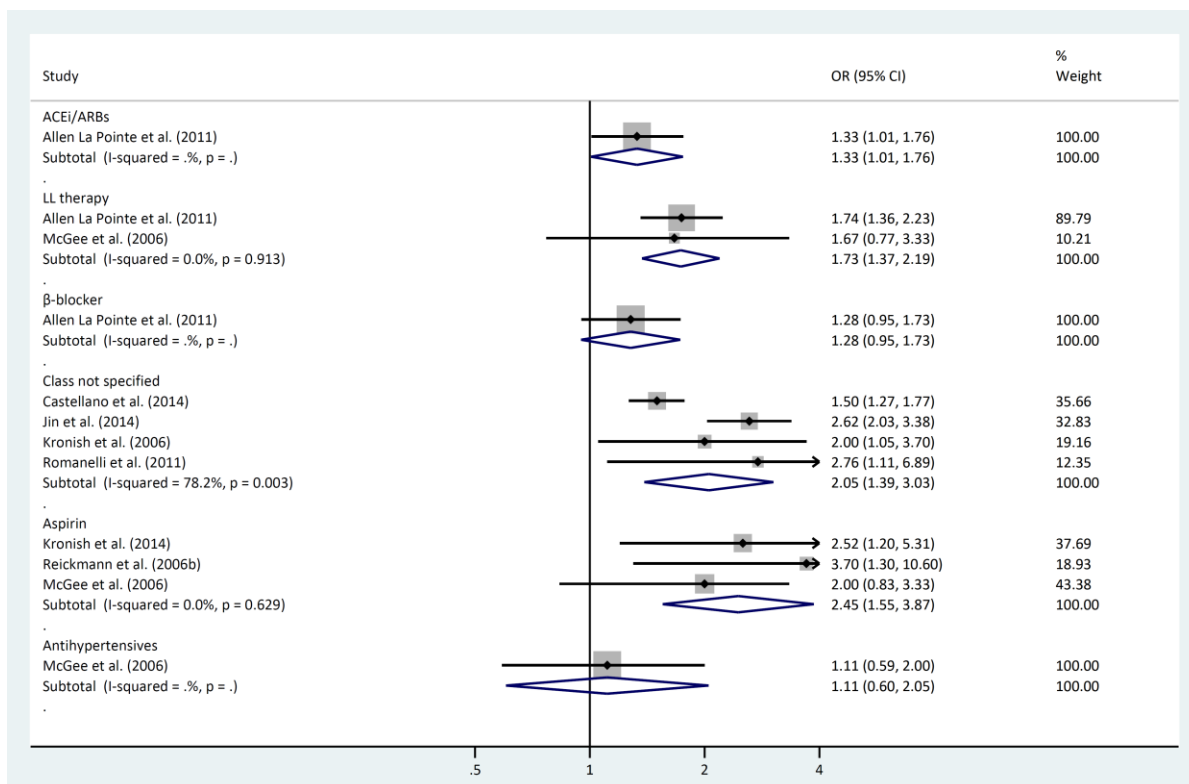


Figure 3. Forrest plot showing pooled effect sizes for studies that measured depression stratified by medication class

Medline, EMBASE, PsycINFO, International Pharmaceutical Abstracts

(treatment adherence or treatment nonadherence or treatment non-adherence or treatment non adherence or treatment compliance or treatment noncompliance or treatment non-compliance or treatment non compliance or treatment concordance or treatment discordance or treatment persistence or treatment nonpersistence or treatment non-persistence or treatment non persistence or treatment continuation or treatment discontinuation) OR (medic* adherence or medic* nonadherence or medic* non-adherence or medic* non adherence or medic* compliance or medic* noncompliance or medic* non-compliance or medic* non compliance or medic* concordance or medic* discordance or medic* persistence or medic* nonpersistence or medic* non-persistence or medic* non persistence or medic* continuation or medic* discontinuation) OR (drug* adherence or drug* nonadherence or drug* non-adherence or drug* non adherence or drug* compliance or drug* noncompliance or drug* non-compliance or drug* non compliance or drug* concordance or drug* discordance or drug* persistence or drug* nonpersistence or drug* non-persistence or drug* non persistence or drug* continuation or drug* discontinuation) OR (pharmac* adherence or pharmac* nonadherence or pharmac* non-adherence or pharmac* non adherence or pharmac* compliance or pharmac* noncompliance or pharmac* non-compliance or pharmac* non compliance or pharmac* concordance or pharmac* discordance or pharmac* persistence or pharmac* nonpersistence or pharmac* non-persistence or pharmac* non persistence or pharmac* continuation or pharmac* discontinuation) OR (regimen adherence or regimen nonadherence or regimen non-adherence or regimen non adherence or regimen compliance or regimen noncompliance or regimen non-compliance or regimen non compliance or regimen concordance or regimen discordance or regimen persistence or regimen nonpersistence or regimen non-persistence or regimen non persistence or regimen continuation or regimen discontinuation)

AND

("acute coronary syndrome" or "ACS" or "heart attack" or myocardial infarct* or "MI" or "acute myocardial infarction" or "AMI" or "STEMI" or "NSTEMI" or "coronary thrombosis" or "coronary occlusion" or "unstable angina" or "unstable angina pectoris") not (motivational interviewing or motivational-interviewing))

AND

(antiplatelet or anti-platelet or dual antiplatelet therap* or dual-antiplatelet therap* or DAPT or DAT or aspirin or acetylsalicylic acid or ASA or clopidogrel or plavix or ticagrelor or brilinta or brilique or possia or prasugrel or ef?ient or thienopyridine or high dose statin or high-dose statin or high intensity statin or high-intensity statin or cardiac medic* or cardiac drug* or cardiac pharmaco* or heart medic* or heart drug*)

Limits: English language, published between 2000-2014

Cochrane Library

(Title, Abstract, Keyword) - "adherence" or "non-adherence" or "nonadherence" or "non adherence" or "compliance" or "non-compliance" or "noncompliance" or "non compliance" or "concordance" or "discordance" or "persistence" or "non-persistence" or "nonpersistence" or "non persistence" or "continuation" or "discontinuation"

AND

(Title, Abstract, Keyword) - "acute coronary syndrome" or "ACS" or "heart attack" or myocardial infarct* or "MI" or "acute myocardial infarction" or "AMI" or "STEMI" or "NSTEMI" or "coronary thrombosis" or "coronary occlusion" or "unstable angina" or "unstable angina pectoris"

AND

(Title, Abstract, Keyword) - "antiplatelet" or "anti-platelet" or "DAPT" or "DAT" or "aspirin" or "ASA" or "acetylsalicylic acid" or "clopidogrel" or "prasugrel" or "ticagrelor" or "thienopyridine" or "statin" or "medicine" or "medication" or "drug" or "pharmacotherapy")

Limits: English language, published between 2000-2014

Web of Science

TS=("treatment adherence" or "treatment nonadherence" or "treatment non-adherence" or "treatment non adherence" or "treatment compliance" or "treatment noncompliance" or "treatment non-compliance" or "treatment non compliance" or "treatment concordance" or "treatment discordance" or "treatment persistence" or "treatment nonpersistence" or "treatment non-persistence" or "treatment non persistence" or "treatment continuation" or "treatment discontinuation") OR TS=("medic* adherence" or "medic* nonadherence" or "medic* non-adherence" or "medic* non adherence" or "medic* compliance" or "medic* noncompliance" or "medic* non-compliance" or "medic* non compliance" or "medic* concordance" or "medic* discordance" or "medic* persistence" or "medic* nonpersistence" or "medic* non-persistence" or "medic* non persistence" or "medic* continuation" or "medic* discontinuation") OR TS=("drug* adherence" or "drug* nonadherence" or "drug* non-adherence" or "drug* non adherence" or "drug* non compliance" or "drug* noncompliance" or "drug* non-compliance" or "drug* non compliance" or "drug* non compliance" or "drug* concordance" or "drug* discordance" or "drug*

persistence" or "drug* nonpersistence" or "drug* non-persistence" or "drug* non persistence" or "drug* continuation" or "drug* discontinuation") OR TS=("pharmac* adherence" or "pharmac* nonadherence" or "pharmac* non-adherence" or "pharmac* non adherence" or "pharmac* compliance" or "pharmac* noncompliance" or "pharmac* non-compliance" or "pharmac* non compliance" or "pharmac* concordance" or "pharmac* discordance" or "pharmac* persistence" or "pharmac* nonpersistence" or "pharmac* non-persistence" or "pharmac* non persistence" or "pharmac* continuation" or "pharmac* discontinuation") OR TS=("regimen adherence" or "regimen nonadherence" or "regimen non-adherence" or "regimen non adherence" or "regimen compliance" or "regimen noncompliance" or "regimen non-compliance" or "regimen non compliance" or "regimen concordance" or "regimen discordance" or "regimen persistence" or "regimen nonpersistence" or "regimen non-persistence" or "regimen non persistence" or "regimen continuation" or "regimen discontinuation")

AND

TS=("acute coronary syndrome" or "ACS" or "heart attack" or myocardial infarct* or "MI" or "acute myocardial infarction" or "AMI" or "STEMI" or "NSTEMI" or "coronary thrombosis" or "coronary occlusion" or "unstable angina" or "unstable angina pectoris") NOT TS=("motivational interviewing" or "motivational-interviewing")

AND

TS=(antiplatelet or "anti-platelet" or dual antiplatelet therap* or dual-antiplatelet therap* or DAPT or DAT or aspirin or ASA or "acetylsalicylic acid" or clopidogrel or plavix or ticagrelor or brilinta or brilique or possia or prasugrel or efient or thienopyridine or "high dose statin" or "high-dose statin" or "high intensity statin" or "high-intensity statin" or cardiac medic* or cardiac drug* or cardiac pharmaco* or heart medic* or heart drug*)

Limits: English language, published between 2000-2014

Applied Social Sciences Index and Abstracts (ASSIA)

(ANYWHERE) - "adherence" or "non-adherence" or "nonadherence" or "non adherence" or
 "compliance" or "non-compliance" or "noncompliance" or "non compliance" or "concordance" or
 "discordance" or "persistence" or "non-persistence" or "nonpersistence" or "non persistence" or
 "continuation" or "discontinuation"

AND

(ANYWHERE) - "acute coronary syndrome" or "ACS" or "heart attack" or myocardial infarct* or "MI" or
 "acute myocardial infarction" or "AMI" or "STEMI" or "NSTEMI" or "coronary thrombosis" or "coronary
 occlusion" or "unstable angina" or "unstable angina pectoris"

AND

(ANYWHERE) - "antiplatelet" or "anti-platelet" or "DAPT" or "DAT" or "aspirin" or "ASA" or
 "acetylsalicylic acid" or "clopidogrel" or "prasugrel" or "ticagrelor" or "thienopyridine" or "statin" or
 "medicine" or "medication" or "drug" or "pharmacotherapy")

Limits: English language, published between 2000-2014

Cumulative Index to Nursing and Allied Health Literature (CINAHL)

(TX "Medication Compliance") OR (MH "Patient Compliance") OR (MH "Guideline Adherence") OR
 (TX "adherence") OR (TX "discontinuation") OR (TX "compliance")

AND

(TX "Myocardial Infarction+") OR (TX "Acute Coronary Syndrome") OR (TX "Angina, Unstable")

AND

(TX "Statins+") OR (TX "Aspirin") OR (TX "Platelet Aggregation Inhibitors+") OR (TX "thienopyridine") OR
(TX "clopidogrel") OR (TX "ticagrelor") OR (TX "prasugrel") OR (TX "dual antiplatelet therapy") OR (TX
"cardiac medications")

Limits: English language, published between 2000-2014

Open Grey

(adheren* OR complian* OR persisten* OR discontinuati*) AND (medication* OR drug*) AND (cardi* OR
coronary OR myocardial OR heart OR angina) lang:"en"

Limits: English language, published between 2000-2014

EthOS

(acute coronary syndrome OR myocardial infarction) AND (adherence OR compliance OR persistence OR
discontinuation)

Limits: English language, published between 2000-2014

WorldCat – thesis & dissertations

kw: adherence or kw: non-adherence or kw: nonadherence or kw: non w adherence or kw: compliance or kw: non-compliance or kw: noncompliance or kw: non w compliance or kw: concordance or kw: discordance or kw: persistence or kw: non-persistence or kw: nonpersistence or kw: non w persistence or kw: continuation or kw: discontinuation and yr: 2000 - 2014 and la= "eng"

AND

kw: acute w coronary w syndrome or kw: ACS or kw: heart w attack or (kw: myocardial and kw: infarct*) or kw: MI or kw: acute w myocardial w infarction or kw: AMI or kw: STEMI or kw: NSTEMI or kw: coronary w thrombosis or kw: coronary w occlusion or kw: unstable w angina or kw: unstable w angina w pectoris and yr: 2000 - 2014 and la= "eng"

AND

kw: antiplatelet or kw: anti-platelet or kw: DAPT or kw: DAT or kw: aspirin or kw: ASA or (kw: acetylsalicylic and kw: acid) or kw: clopidogrel or kw: prasugrel or kw: ticagrelor or kw: thienopyridine or kw: statin or kw. beta-blocker or kw. beta blocker or kw. angiotensin II receptor blocker or kw. ARB or kw. Angiotensin converting enzyme inhibitor or kw. Angiotensin-converting enzyme inhibitor or kw. ACE inhibitor or kw. ACEI and yr: 2000 - 2014 and la= "eng"

Limits: English language, published between 2000-2014

Appendix I: Full search strategy

| Sourced during online database search | | | | |
|---------------------------------------|-----------------------|--|------|--|
| Record | Author | Title | Year | Reason for exclusion |
| 1 | Abraha, I. | Statin compliance in the Umbrian population | 2003 | Non-ACS population |
| 2 | Akincigil, A. | Long-term adherence to evidence based secondary prevention therapies after acute myocardial infarction | 2008 | Non-psychosocial factors only |
| 3 | Akosah, K. O. | Using a system wide care path to enhance compliance with guidelines for acute myocardial infarction | 2003 | Adherence to guidelines |
| 4 | Ali, R. C. | Age and Persistent Use of Cardiovascular Medication After Acute Coronary Syndrome: Results from Medication Applied and Sustained Over Time | 2009 | Non-psychosocial factors only |
| 5 | Al-Khadra, S. | Secondary prevention medication after myocardial infarction: Persistence in elderly people over the course of 1 year | 2014 | Non-psychosocial factors only |
| 6 | Allen Lapointe, N. M. | Association between patient beliefs and medication adherence following hospitalization for acute coronary syndrome | 2011 | Included |
| 7 | Allonen, J. | Mortality rate increases steeply with nonadherence to statin therapy in patients with acute coronary syndrome | 2012 | Adherence as a predictor rather than outcome |

| | | | | |
|----|---------------|---|------|--|
| 8 | Amador, P. C. | Acute coronary syndromes in the elderly | 2012 | Non-psychosocial factors only |
| 9 | Amar, J. | Persistence of combination of evidence-based medical therapy in patients with acute coronary syndromes | 2008 | Non-psychosocial factors only |
| 10 | Amin, A. | Improving the management of patients after myocardial infarction, from admission to discharge | 2006 | Review |
| 11 | Amin, A. P. | Association of medical noncompliance and long-term adverse outcomes, after myocardial infarction in a minority and uninsured population | 2009 | Prevalence only, not predictors |
| 12 | Amin, A. P. | The impact of medical non-compliance on long-term outcomes, following an acute coronary syndrome in a minority and uninsured population | 2009 | Adherence as a predictor rather than outcome |
| 13 | Amin, A. R. | Long-term compliance with guideline-based medical therapies is the strongest predictor of event-free survival following acute coronary syndromes (ACS) and myocardial infarction (MI) | 2008 | Adherence as a predictor rather than outcome |
| 14 | Arif, H. | Drug compliance after stroke and myocardial infarction: A comparative study | 2007 | Non-psychosocial factors only |

| | | | | |
|----|---------------|--|------|--|
| 15 | Armero, S. | Rate of nuisance bleedings and impact on compliance to prasugrel in acute coronary syndromes | 2011 | Prevalence only, not predictors |
| 16 | Arnetz, J. E. | Is patient involvement during hospitalization for acute myocardial infarction associated with post-discharge treatment outcome? An exploratory study | 2010 | Non-psychosocial factors only |
| 17 | Arnold, S. V. | Physician adherence to the prescription of proven doses of secondary prevention medications after acute myocardial infarction. Insights from triumph and premier | 2012 | Prescribing not adherence |
| 18 | Austin, P. C. | Comparing clinical and administrative data for profiling hospitals on post-discharge medication use by patients with acute myocardial infarction | 2008 | Prescribing not adherence |
| 19 | Austin, P. C. | Factors associated with the use of evidence-based therapies after discharge among elderly patients with myocardial infarction | 2008 | Prescribing not adherence |
| 20 | Baber, U. | Association of stent thrombosis and patterns of non-adherence to anti-platelet regimens in stented patients: Six month results of the paris registry | 2012 | Adherence as a predictor rather than outcome |
| 21 | Baglikov, A. | Use of secondary prevention drug therapy in patients with acute | 2013 | Prescribing not |

| | | | | |
|----|------------------|---|------|------------------------------------|
| | | coronary syndrome after hospital discharge in Russian practice | | adherence |
| 22 | Baglikov, A. | Long-Term Compliance to Acetylsalicylic Acid in Patients after Acute Coronary Syndrome | 2012 | Non-psychosocial factors only |
| 23 | Bagnall, A. J. | Optimal medical therapy for non-ST-segment-elevation acute coronary syndromes: exploring why physicians do not prescribe evidence-based treatment and why patients discontinue medications after discharge | 2010 | Prevalence only, not predictors |
| 24 | Ballesca, M. A. | An electronic order set for acute myocardial infarction is associated with improved patient outcomes through better adherence to clinical practice guidelines | 2014 | Adherence to guidelines |
| 25 | Bally, K. | Discontinuation of secondary prevention medication after myocardial infarction - the role of general practitioners and patients | 2013 | Non-psychosocial factors only |
| 26 | Batchelor, W. B. | Racial differences in long-term outcomes after percutaneous coronary intervention with paclitaxel-eluting coronary stents | 2013 | Non-ACS population |
| 27 | Bauer, T. | Guideline-recommended secondary prevention drug therapy after acute myocardial infarction: predictors and outcomes of | 2010 | Prescribing not adherence |

nonadherence

| | | | | |
|----|-------------------|--|------|--|
| 28 | Bauer, T. | Guideline-recommended secondary prevention drug therapy after acute myocardial infarction: predictors and outcomes of nonadherence | 2010 | Duplicate |
| 29 | Bauleo, L. | Evidence based drug therapy after acute myocardial infarction: Adherence and spatial differences in Rome and in the Lazio region | 2012 | Non-psychosocial factors only |
| 30 | Bertrand, M. E. | Discontinuation of clopidogrel within the year following a non-ST-segment elevation acute coronary syndrome has a deleterious effect: evidence from the CURE trial | 2007 | Adherence as a predictor rather than outcome |
| 31 | Berwanger, O. | Effect of a multifaceted intervention on use of evidence-based therapies in patients with acute coronary syndromes in Brazil: the BRIDGE-ACS randomized trial | 2012 | Non-psychosocial factors only |
| 32 | Beyranvand, M. R. | One-year outcome of patients with acute myocardial infarction | 2007 | Prevalence only, not predictors |
| 33 | Bezin, J. | Persistence to cardiovascular treatment in patients with acute coronary syndrome | 2013 | Prevalence only, not predictors |

| | | | | |
|----|------------------|---|------|---------------------------------|
| 34 | Bezin, J. | Use of the recommended drug combination for secondary prevention after a first occurrence of acute coronary syndrome in France | 2014 | Prevalence only, not predictors |
| 35 | Bi, Yufang | Evidence-based medication use among Chinese patients with acute coronary syndromes at the time of hospital discharge and 1 year after hospitalization: Results from the Clinical Pathways for Acute Coronary Syndromes in China (CPACS) study | 2009 | Non-psychosocial factors only |
| 36 | Bird, G. C. | Results of a survey assessing provider beliefs of adherence barriers to antiplatelet medications | 2011 | Non-ACS population |
| 37 | Blackburn, D. F. | Adherence to statins, beta-blockers and angiotensin-converting enzyme inhibitors following a first cardiovascular event: A retrospective cohort study | 2005 | Non-ACS population |
| 38 | Boggon, R. | Current prescribing of statins and persistence to statins following ACS in the UK: A MINAP/GPRD study | 2012 | Prevalence only, not predictors |
| 39 | Boggon, R. | Clopidodgrel and statin prescribing patterns in acs patients - An observational study using linked secondary and primary care data in a UK population 2003-2009 | 2011 | Prescribing not adherence |

| | | | | |
|----|---------------|---|------|----------------------------------|
| 40 | Boggon, R. | Clopidogrel discontinuation after acute coronary syndromes: Frequency, predictors and associations with death and myocardial infarction-a hospital registry-primary care linked cohort (MINAPGPRD) | 2011 | Non-psychosocial factors only |
| 41 | Boggon, R. | Clopidogrel discontinuation after acute coronary syndromes: Frequency, predictors and associations with death and myocardial infarction-a hospital registry-primary care linked cohort (MINAPGPRD) | 2011 | Duplicate |
| 42 | Boggon, R. | Clopidogrel discontinuation after acute coronary syndromes: Frequency, predictors and associations with death and myocardial infarction-a hospital registry-primary care linked cohort (MINAPGPRD) | 2011 | Duplicate |
| 43 | Böhm, M. | Effects of nonpersistence with medication on outcomes in high-risk patients with cardiovascular disease | 2013 | Non-ACS population |
| 44 | Bonaca, M. P. | Patterns of long-term thienopyridine therapy and outcomes in patients with acute coronary syndrome treated with coronary stenting: Observations from the timi-38 coronary stent registry | 2014 | Non-psychosocial factors only |

| | | | | |
|----|---------------|---|------|--|
| 45 | Bourdes, V. | Prediction of persistence of combined evidence-based cardiovascular medications in patients with acute coronary syndrome after hospital discharge using neural networks | 2011 | Non-psychosocial factors only |
| 46 | Boyden, T. F. | Is cardiac rehabilitation associated with improved medication persistence following acute myocardial infarction? | 2011 | Non-psychosocial factors only |
| 47 | Bra, S. S. | Long term adherence to dual antiplatelet therapy and late adverse cardiovascular events | 2008 | Adherence as a predictor rather than outcome |
| 48 | Bueno, H. | One-year persistence and adherence rates to secondary prevention drugs prescribed in-hospital in patients with acute coronary syndromes. The ALASCA Study | 2010 | Non-psychosocial factors only |
| 49 | Butler, J. | Adherence to therapy with beta blocking agents after acute MI | 2003 | Non-psychosocial factors only |
| 50 | Butler, J. | Outpatient adherence to beta-blocker therapy after acute myocardial infarction | 2002 | Non-psychosocial factors only |
| 51 | Cannon, C. P. | Comparison of ticagrelor with clopidogrel in patients with a planned invasive strategy for acute coronary syndromes (PLATO): a | 2010 | No measure of adherence |

randomised double-blind study

| | | | | |
|----|-------------------|---|------|--------------------------------------|
| 52 | Carey, I. M. | Statin use after first myocardial infarction in UK men and women from 1997 to 2006: Who started and who continued treatment? | 2012 | Non-psychosocial factors only |
| 53 | Cascini, S. | Evidence based drug therapy and medium-long-term outcomes in very old patients after acute myocardial infarction | 2012 | Adherence to guidelines |
| 54 | Castellano, J. M. | A Polypill Strategy to Improve Adherence: Results From the FOCUS Project | 2014 | Included |
| 55 | Chan, V. | Pharmacotherapy after myocardial infarction: disease management versus usual care | 2008 | Non-psychosocial factors only |
| 56 | Chang, T. I. | Kidney Function and Long-Term Medication Adherence after Myocardial Infarction in the Elderly | 2011 | Prevalence only, not predictors |
| 57 | Chapman, R. H. | Association between adherence to calcium-channel blocker and statin medications and likelihood of cardiovascular events among US managed care enrollees | 2010 | Non-ACS population |
| 58 | Chiang, F. T. | One-year outcome in patients with acute coronary syndromes: Taiwan ACS full spectrum registry | 2012 | Adherence as a predictor rather than |

outcome

| | | | | |
|----|-----------------|--|------|---------------------------------|
| 59 | Chiang, F. T. | Predictors of 1-year outcomes in the Taiwan Acute Coronary Syndrome Full Spectrum Registry | 2014 | Prevalence only, not predictors |
| 60 | Choudhry, N. K. | Full coverage for preventive medications after myocardial infarction | 2011 | Non-psychosocial factors only |
| 61 | Choudhry, N. K. | Rationale and design of the Post-MI FREEE trial: a randomized evaluation of first-dollar drug coverage for post-myocardial infarction secondary preventive therapies | 2008 | Study design |
| 62 | Choudhry, N. K. | Untangling the relationship between medication adherence and post-myocardial infarction outcomes: Medication adherence and clinical outcomes | 2014 | Prevalence only, not predictors |
| 63 | Choudhry, N. K. | Trends in adherence to secondary prevention medications in elderly post-myocardial infarction patients | 2008 | Prevalence only, not predictors |
| 64 | Chow, C. | Use of secondary prevention medications in patients following admission with acute coronary syndrome in Australia-the concordance study | 2012 | Prevalence only, not predictors |

| | | | | |
|----|---------------|---|------|--|
| 65 | Chow, C. K. | Association of diet, exercise, and smoking modification with risk of early cardiovascular events after acute coronary syndromes | 2010 | Focus on lifestyle factors |
| 66 | Ciniglio, C. | Use of clopidogrel for acute coronary syndrome: Impact on clinical outcomes and costs in the United States | 2012 | Adherence as a predictor rather than outcome |
| 67 | Claessen, B. | Stent thrombosis after primary pci for stemi in relation to non-usage of dual antiplatelet therapy over time: Results of the horizons-ami trial | 2012 | Adherence as a predictor rather than outcome |
| 68 | Cole, J. A. | Cardiovascular Medication Use Following Percutaneous Coronary Intervention: The Australian Experience | 2014 | Non-ACS population |
| 69 | Collet, J. P. | Clinical outcomes according to permanent discontinuation of clopidogrel or placebo in the CHARISMA trial | 2009 | No measure of adherence |
| 70 | Corrao, G. | Results of a retrospective database analysis of adherence to statin therapy and risk of nonfatal ischemic heart disease in daily clinical practice in Italy | 2010 | Non-ACS population |
| 71 | Cotter, G. | Lack of aspirin effect: Aspirin resistance or resistance to taking aspirin? | 2004 | Adherence as a predictor rather than |

outcome

| | | | | |
|----|----------------------|--|------|--|
| 72 | Crawford-Faucher, A. | Prolonged clopidogrel use after cardiac stenting is not beneficial | 2012 | Commentary |
| 73 | Cruden, N. L. | Delay in Filling First Clopidogrel Prescription After Coronary Stenting Is Associated With an Increased Risk of Death and Myocardial Infarction | 2014 | Adherence as a predictor rather than outcome |
| 74 | Cuisset, T. | Aspirin noncompliance is the major cause of "aspirin resistance" in patients undergoing coronary stenting | 2009 | Non-psychosocial factors only |
| 75 | Cuisset, T. | Non-adherence to aspirin in patients undergoing coronary stenting: Negative impact of comorbid conditions and implications for clinical management | 2011 | Non-psychosocial factors only |
| 76 | Danchin, N. | Impact of free universal medical coverage on medical care and outcomes in low-income patients hospitalized for acute myocardial infarction: An analysis from the french national health insurance system | 2011 | Prevalence only, not predictors |
| 77 | Danchin, N. | Impact of long-term adherence to beta-blocker therapy on survival in statin-treated patients after AMI | 2010 | Adherence as a predictor rather than |

outcome

| | | | | |
|----|----------------------|---|------|--|
| 78 | Dangas, G. D. | Stent thrombosis after primary angioplasty for STEMI in relation to non-adherence to dual antiplatelet therapy over time: results of the HORIZONS-AMI trial | 2013 | Adherence as a predictor rather than outcome |
| 79 | D'Ascenzo, F. | An international collaborative meta-analysis of predictors of coronary stent thrombosis including 30 studies, 225,536 patients, and 4,203 thromboses | 2011 | Review |
| 80 | D'Ascenzo, F. | Discontinuation of Dual Antiplatelet Therapy Over 12 Months after Acute Coronary Syndromes Increases Risk for Adverse Events in Patients Treated with Percutaneous Coronary Intervention: Systematic Review and Meta-Analysis | 2014 | Review |
| 81 | D'Ascenzo, F. | Discontinuation of dual antiplatelet therapy over 12 months after acute coronary syndromes increases risk for adverse events in patients treated with percutaneous coronary intervention: systematic review and meta-analysis | 2014 | Duplicate |
| 82 | Daskalopoulou, S. S. | Discontinuation of statin therapy following an acute myocardial | 2008 | Prevalence only, not |

| infarction: a population-based study | | | predictors | |
|--------------------------------------|-------------------|--|------------|--|
| 83 | Dauerman, H. | Thrombosis, bleeding and DAPT non-adherence in the EDUCATE registry | 2013 | Non-ACS population |
| 84 | Davis, E. M. | Impact of prescription refill reminders for clopidogrel therapy in patients receiving drug-eluting stents | 2013 | Non-psychosocial factors only |
| 85 | De Sa, D. D. C. | Compliance with dual antiplatelet therapy following percutaneous coronary intervention with drug-eluting stents | 2009 | Adherence as a predictor rather than outcome |
| 86 | Degli Esposti, L. | Adherence to Statin Treatment and Health Outcomes in an Italian Cohort of Newly Treated Patients: Results From an Administrative Database Analysis | 2012 | Non-ACS population |
| 87 | Deharo, P. | Fixed-dose aspirin-clopidogrel combination enhances compliance to aspirin after acute coronary syndrome | 2014 | Commentary |
| 88 | Donnelly, J. | Prevalence of recommended secondary prevention drug therapies in patients with coronary artery disease | 2013 | Non-ACS population |
| 89 | Droz, C. | Use of drugs recommended for secondary prevention following acute myocardial infarction after hospital discharge and 6 months | 2011 | Non-psychosocial factors only |

thereafter: Results from the eole cohort

| | | | | |
|----|--------------------|---|------|--------------------------------------|
| 90 | Droz-Perroteau, C. | Secondary prevention drugs following acute myocardial infarction after hospital discharge, 6 and 24 months thereafter: Results from the eole cohort | 2011 | Duplicate |
| 91 | Duru, O. K. | The medicare part D low-income cost subsidy (LICS) and adherence to medications for secondary prevention of cardiovascular disease | 2012 | Non-psychosocial factors only |
| 92 | Eagle, K. A. | Adherence to evidence-based therapies after discharge for acute coronary syndromes: an ongoing prospective, observational study | 2004 | Non-psychosocial factors only |
| 93 | Eccleston, D. | Are medication compliance and quality of life after percutaneous coronary intervention improved by using combination drug therapy? | 2014 | Non-psychosocial factors only |
| 94 | Ernst, F. R. | Effect of early clopidogrel discontinuation on rehospitalization in acute coronary syndrome: Results from two distinct patient populations | 2011 | Prevalence only, not predictors |
| 95 | Fairley, S. | Acute coronary syndromes in patients with prior MI: Secondary prevention and outcomes | 2014 | Adherence as a predictor rather than |

outcome

| | | | | |
|-----|--------------------|---|------|--|
| 96 | Fam, J. M. | Outcomes and Predictors of 1 year all-cause mortality in patients undergoing percutaneous coronary intervention (PCI) in Singapore | 2013 | Adherence as a predictor rather than outcome |
| 97 | Fam, J. M. | Outcomes, outpatient costs and adherence to guideline guided therapy in SAP, ACS and STEMI patients undergoing Percutaneous Coronary Intervention (PCI) | 2012 | Adherence to guidelines |
| 98 | Fang, G. | Prevalent But Moderate Variation Across Small Geographic Regions in Patient Nonadherence to Evidence-based Preventive Therapies in Older Adults After Acute Myocardial Infarction | 2014 | Prevalence only, not predictors |
| 99 | Fath-Ordoubadi, F. | Gender impact on prognosis of ACS patients treated with DES: 2-year follow-up | 2012 | Non-psychosocial factors only |
| 100 | Fennessy, M. M. | Changing Illness Perceptions and Adherence to Dual Antiplatelet Therapy in Patients With Stable Coronary Disease | 2013 | Non-ACS population |
| 101 | Fernandez, R. | What do we know about the long term medication adherence in patients following percutaneous coronary intervention? | 2007 | Non-psychosocial factors only |

| | | | | |
|-----|-----------------------|--|------|--|
| 102 | Ferreira-Gonzalez, I. | Background, incidence, and predictors of antiplatelet therapy discontinuation during the first year after drug-eluting stent implantation | 2010 | Non-ACS population |
| 103 | Fosbol, E. L. | Persistence of evidence based medications after non-ST elevation myocardial infarction among patients with Medicare part D prescription coverage | 2012 | Adherence as a predictor rather than outcome |
| 104 | Gehi, A. K. | Self-reported medication adherence and cardiovascular events in patients with stable coronary heart disease: The heart and soul study | 2007 | Non-ACS population |
| 105 | Gencer, B. | Discontinuation of recommended therapies one year after an acute coronary syndrome: Results from a prospective cohort | 2013 | Non-psychosocial factors only |
| 106 | Gislason, G. H. | Long-term compliance with beta-blockers, angiotensin-converting enzyme inhibitors, and statins after acute myocardial infarction | 2006 | Non-psychosocial factors only |
| 107 | Glynn, R. J. | Impact of full coverage for preventive medications after myocardial infarction on the time course of adherence | 2012 | Non-psychosocial factors only |
| 108 | Gordon, W. L. | Reliability of patient reported medication adherence after an acute coronary syndrome | 2012 | Prevalence only, not predictors |

| | | | | |
|-----|----------------|--|------|---|
| 109 | Gregor, R. D. | Compliance with the discharge medication by patients with acute coronary syndromes | 2000 | Non-psychosocial factors only |
| 110 | Griffiths, B. | Self-reported use of evidence-based medicine and smoking cessation 6 - 9 months after acute coronary syndrome: a single-centre perspective | 2014 | Prevalence only, not predictors |
| 111 | Griffo, R. | Effective secondary prevention through cardiac rehabilitation after coronary revascularization and predictors of poor adherence to lifestyle modification and medication. Results of the ICAROS Survey | 2013 | Non-ACS population |
| 11 | Grines, C. L. | Prevention of premature discontinuation of dual antiplatelet therapy in patients with coronary artery stents | 2007 | Review |
| 113 | Gujral, G. | Impact of community pharmacist intervention discussing patients' beliefs to improve medication adherence | 2014 | Intervention - no baseline associations |
| 114 | Gupta, M. | Adherence to evidence-based medications in South Asian and white caucasian patients with coronary heart disease-insight from the practice registry | 2013 | Non-ACS population |
| 115 | Guthrie, R. M. | The effects of postal and telephone reminders on compliance with pravastatin therapy in a national registry: results of the First | 2001 | Non-psychosocial factors only |

Myocardial Infarction Risk Reduction Program

| | | | | |
|-----|------------------|--|------|--|
| 116 | Harrison, O. | Utilization of prophylactic drug therapy after acute myocardial infarction in Abu Dhabi | 2012 | Prescribing not adherence |
| 117 | Hermiller, J. B. | Prevalence and predictors of dual antiplatelet therapy non-compliance after DES placement: One-year results from the XIENCE V USA study | 2013 | Non-psychosocial factors only |
| 118 | Hill, J. | NON-ADHERENCE TO ANTIPLATELET THERAPY AFTER HOSPITALIZATION FOR ACUTE CORONARY SYNDROME (ACS) INCREASES READMISSIONS, MORTALITY, HEALTH CARE USE AND COSTS | 2014 | Adherence as a predictor rather than outcome |
| 119 | Ho, M. | Multifaceted intervention to improve medication adherence and secondary prevention measures (Medication study) after acute coronary syndrome hospital discharge | 2013 | Non-psychosocial factors only |
| 120 | Ho, M. | Multifaceted intervention to improve medication adherence and secondary prevention measures after acute coronary syndrome hospital discharge : A randomized clinical trial | 2014 | Non-psychosocial factors only |

| | | | | |
|-----|--------------------|---|------|--|
| 121 | Ho, M. | Impact of medication therapy discontinuation on mortality after myocardial infarction | 2006 | Non-psychosocial factors only |
| 122 | Ho, M. | Delays in Filling Clopidogrel Prescription After Hospital Discharge and Adverse Outcomes After Drug-Eluting Stent Implantation Implications for Transitions of Care | 2010 | Adherence as a predictor rather than outcome |
| 123 | Hu, T. | Duration of dual antiplatelet therapy and outcomes after left main percutaneous coronary intervention | 2012 | Commentary |
| 124 | Hudson, M. | Comparison of measures of medication persistency using a prescription drug database | 2007 | Prevalence only, not predictors |
| 125 | Hudson, M. | Parabolas of medication use and discontinuation after myocardial infarction--are we closing the treatment gap? | 2007 | Non-psychosocial factors only |
| 126 | Jackevicius, C. A. | Prevalence, predictors, and outcomes of primary nonadherence after acute myocardial infarction | 2008 | Non-psychosocial factors only |
| 127 | Jackevicius, C. A. | Concordance between discharge prescriptions and insurance claims in post-myocardial infarction patients | 2007 | Prescribing not adherence |
| 128 | Jin, H. | Age-related differences in factors associated with the underuse of recommended medications in acute coronary syndrome patients at | 2014 | Included |

least one year after hospital discharge

| | | | | |
|-----|-------------------|--|------|---------------------------------|
| 129 | Joynt, K. E. | Impact of acute and chronic risk factors on use of evidence-based treatments in patients in Australia with acute coronary syndromes | 2009 | No measure of adherence |
| 130 | Kalra, P. R. | Discontinuation of beta-blockers in cardiovascular disease: UK primary care cohort study | 2013 | Non-ACS population |
| 131 | Kalsekar, I. | Impact of ACE Inhibitors on Mortality and Morbidity in Patients with AMI: Does Tissue Selectivity Matter? | 2011 | No measure of adherence |
| 132 | Kassab, Y. W. | Use of evidence-based therapy for the secondary prevention of acute coronary syndromes in Malaysian practice | 2013 | Adherence to guidelines |
| 133 | Kaul, U. | A multicentre retrospective study to understand anti-platelet treatment patterns and outcomes of acute coronary syndrome patients in India (TRACE) | 2014 | Prevalence only, not predictors |
| 134 | Kern, D. M. | Adherence to oral antiplatelet (OAP) therapy among ACS patients undergoing percutaneous coronary intervention (PCI) | 2014 | Non-psychosocial factors only |
| 135 | Kesselheim, A. S. | Burden of Changes in Pill Appearance for Patients Receiving Generic Cardiovascular Medications After Myocardial Infarction | 2014 | Non-psychosocial factors only |

Cohort and Nested Case-Control Studies

| | | | | |
|-----|----------------|---|------|--|
| 136 | Kettelkamp, R. | Incidence and predictors of discontinuation of dual-antiplatelet therapy at 1 month after coronary stenting in AMI | 2005 | Non-psychosocial factors only |
| 137 | Khalili, H. | Premature clopidogrel discontinuation after drug-eluting stent placement | 2014 | Prevalence only, not predictors |
| 138 | Kherada, N. | Predictors of dual antiplatelet therapy non-adherence after PCI: One-year insights from the PARIS registry | 2013 | Non-psychosocial factors only |
| 139 | Kiani, A. K. | Analysis of prescribing patterns for secondary prevention measures in patients with myocardial infarction | 2002 | Adherence to guidelines |
| 140 | Kirchmayer, U. | Socio-demographic differences in adherence to evidence-based drug therapy after hospital discharge from acute myocardial infarction: a population-based cohort study in Rome, Italy | 2012 | Non-psychosocial factors only |
| 141 | Kleiner, S. A. | Beta-Blocker Compliance, Mortality, and Reinfarction: Validation of Clinical Trial Association Using Insurer Claims Data | 2009 | Adherence as a predictor rather than outcome |

| | | | | |
|-----|---------------------|--|------|---------------------------------|
| 142 | Kline-Rogers, E. M. | Adherence with traditional medication and complementary and alternative medicine use six months after hospital discharge in patients with acute coronary syndromes | 2002 | Non-psychosocial factors only |
| 143 | Kline-Rogers, E. M. | Compliance with medication and behavioral therapies 6 months after hospital discharge in patients with acute coronary syndromes | 2001 | Non-psychosocial factors only |
| 144 | Ko, D. T. | Patterns of use of thienopyridine therapy after percutaneous coronary interventions with drug-eluting stents and bare-metal stents | 2009 | Non-ACS population |
| 145 | Kocas, C. | Percutaneous coronary intervention vs. optimal medical therapy-- the other side of the coin: medication adherence | 2013 | Non-ACS population |
| 146 | Kocas, C. | Percutaneous coronary intervention vs. optimal medical therapy-- the other side of the coin: medication adherence | 2013 | Duplicate |
| 147 | Kornder, J. M. | Lessons from canrace registry: Care gaps in acs in Canada: Medication adherence at hospital discharge and at six months | 2010 | Prevalence only, not predictors |
| 148 | Kramer, J. M. | National evaluation of adherence to beta-blocker therapy for 1 year after acute myocardial infarction in patients with commercial health insurance | 2006 | Non-psychosocial factors only |

| | | | | |
|-----|-----------------|---|------|--|
| 149 | Kronish, I. M. | The Psychosocial Context Impacts Medication Adherence After Acute Coronary Syndrome | 2014 | Included |
| 150 | Kronish, I. M. | The effect of enhanced depression care on adherence to risk- reducing behaviors after acute coronary syndromes: findings from the COPES trial | 2012 | Intervention - no baseline associations |
| 151 | Kronish, I. M. | Enhanced depression care does not improve adherence in post- acute coronary syndrome patients | 2011 | Intervention - no baseline associations |
| 152 | Kronish, I. M. | Aspirin adherence, aspirin dosage, and C-reactive protein in the first 3 months after acute coronary syndrome | 2010 | Prevalence only, not predictors |
| 153 | Kulkarni, S. P. | Long-term adherence with cardiovascular drug regimens | 2006 | Non-ACS population |
| 154 | Kumbhani, D. J. | Predictors of adherence to performance measures in patients with acute myocardial infarction | 2013 | Adherence to guidelines |
| 155 | Kumbhani, D. J. | Prospective assessment of the relationship between use of evidence-based secondary prevention therapies and long-term (4- year) clinical outcomes in stable outpatients with established atherothrombotic disease: Insights from the international reduction of atherothrombosis for continued health (REACH) | 2011 | Adherence as a predictor rather than outcome |

registry

| | | | | |
|-----|----------------------|--|------|--|
| 156 | Lai, E. J. | Cardiac medication prescribing and adherence after acute myocardial infarction in Chinese and South Asian Canadian patients | 2011 | Non-psychosocial factors only |
| 157 | Latry, P. | Dual antiplatelet therapy after myocardial infarction and percutaneous coronary intervention: analysis of patient adherence using a French health insurance reimbursement database | 2012 | Prevalence only, not predictors |
| 158 | Lauffenburger, J. C. | Relationship between adherence to preventive therapies and mortality post-acute myocardial infarction (AMI): Examining the 80% cutpoint | 2013 | Adherence as a predictor rather than outcome |
| 159 | Lauffenburger, J. C. | Racial/Ethnic and gender gaps in the use of and adherence to evidence-based preventive therapies among elderly medicare part d beneficiaries after acute myocardial infarction | 2014 | Non-psychosocial factors only |
| 160 | Lee, C. H. | Incidence and predictors of premature discontinuation of dual antiplatelet therapy after drug-eluting stent implantation: | 2009 | Non-psychosocial factors only |

Importance of social factors in asian patients

| | | | | |
|-----|---------------------|--|------|--|
| 161 | Lee, N. | Awareness of serious consequences of non-compliance and selfreported adherence to antipalletelet therapy after percutaneous coronary intervention | 2012 | Non-ACS population |
| 162 | Lefkovits, L. | Impact of socioeconomic status on medication compliance and major adverse cardiac events (MACE) following percutaneous coronary intervention (PCI) | 2009 | Non-psychosocial factors only |
| 163 | Lesaffre, E. | A retrospective analysis of the effect of noncompliance on time to first major adverse cardiac event in LIPS | 2003 | Non-ACS population |
| 164 | Liberopoulos, E. N. | Compliance with lipid-lowering therapy and its impact on cardiovascular morbidity and mortality | 2008 | Review |
| 165 | Liu, T. C. | Association between adherence to secondary prevention therapies and mortality in acute myocardial infarction (AMI) | 2014 | Adherence as a predictor rather than outcome |
| 166 | Lokhandwala, T. | A descriptive analysis of medication adherence and mortality among elderly post-MI patients | 2012 | Non-psychosocial factors only |

| | | | | |
|-----|-----------------|---|------|---------------------------------|
| 167 | Lokhandwala, T. | Predictors of time to discontinue beta-blocker following acute myocardial infarction: An analysis of the medicare 5% national sample data 2006-2007 | 2011 | Non-psychosocial factors only |
| 168 | Lukina, Y. V. | Assessing factors that form patient's attitude to treatment preceding hospitalization for acute coronary syndrome (data of questionnaire within the LIS register) | 2013 | Focus on lifestyle factors |
| 169 | Maddox, T. M. | Medication adherence and the patient with coronary artery disease: Challenges for the practitioner | 2009 | Review |
| 170 | Maggioni, A. P. | Use of and adherence to antiplatelet agents after an acute coronary syndrome (ACS): Data from a community setting of more than 2,700,000 subjects | 2012 | Non-psychosocial factors only |
| 171 | Maggioni, A. P. | Outcomes, Health Costs and Use of Antiplatelet Agents in 7,082 Patients Admitted for an Acute Coronary Syndrome Occurring in a Large Community Setting | 2013 | Prevalence only, not predictors |
| 172 | Magnani, B. | Current standard of care in patients affected by coronary heart disease in Italy: the MC'95 study | 2002 | Prevalence only, not predictors |
| 173 | Maio, V. | Beta-blocker initiation and adherence after hospitalization for | 2011 | Non-psychosocial |

| | | | | |
|-----|-------------------|---|------|---------------------------------|
| | | acute myocardial infarction | | factors only |
| 174 | Manganelli, J. V. | Examination of post acute myocardial infarction medication prescribing patterns and persistency from discharge to 6 months post discharge | 2006 | Prevalence only, not predictors |
| 175 | Mangiapane, S. | Prescription Prevalence and Continuing Medication Use for Secondary Prevention After Myocardial Infarction The Reality of Care Revealed by Claims Data Analysis | 2011 | Prevalence only, not predictors |
| 176 | Mansour, N. B. | Use of secondary preventive drugs in patients with acute coronary syndromes in Tunisia | 2011 | Prescribing not adherence |
| 177 | Mastoris, I. | Differences in modes of dual antiplatelet therapy (DAPT) cessation in the United States (US) v Europe: Patterns of non-adherence to antiplatelet regimens in stented patients (PARIS) registry substudy | 2014 | Non-psychosocial factors only |
| 178 | Mastoris, I. | Modes of dual antiplatelet therapy (DAPT) cessation in men and women: Results from the patterns of non-adherence to antiplatelet regimens in stented patients (PARIS) registry | 2014 | Non-psychosocial factors only |
| 179 | Mathews, R. | Persistence of secondary prevention medications after acute myocardial infarction: Insights from the TRANSLATE-ACS study | 2012 | Non-psychosocial factors only |

| | | | | |
|-----|--------------|---|------|--|
| 180 | Mauri, L. | Differences between US and non-US cohorts after PCI and dual antiplatelet therapy: Patient characteristics, randomization | 2013 | No measure of adherence |
| 181 | Mauri, L. | Individual and regional variations in dual antiplatelet therapy dose and duration in a large, randomized international trial comparing two drugeluting stents: Results from protect | 2012 | Non-ACS population |
| 182 | Mayer, F. | Socioeconomic position and appropriate antiplatelet therapy after percutaneous coronary intervention: a population-based cohort study in Rome (Lazio Region, Central Italy) | 2014 | Non-psychosocial factors only |
| 183 | McGee, H. M. | Impact of briefly-assessed depression on secondary prevention outcomes after acute coronary syndrome: a one-year longitudinal survey | 2006 | Included |
| 184 | Mehran, R. | Cessation of dual antiplatelet treatment and cardiac events after percutaneous coronary intervention (PARIS): 2 year results from a prospective observational study | 2013 | Adherence as a predictor rather than outcome |
| 185 | Mehran, R. | Compliance with dual antiplatelet therapy and subsequent adverse events in patients with stemi undergoing stent implantation: Analysis from the HORIZONS-AMI trial | 2010 | Non-psychosocial factors only |

| | | | | |
|-----|-----------------|--|------|--|
| 186 | Melloni, C. | Predictors of early discontinuation of evidence-based medicine after acute coronary syndrome | 2009 | Non-psychosocial factors only |
| 187 | Michael Ho, P. | Medication nonadherence and adverse outcomes in CAD patients | 2009 | Non-ACS population |
| 188 | Middleditch, D. | Temporary and permanent discontinuation of clopidogrel following acute coronary syndromes | 2014 | Prevalence only, not predictors |
| 189 | Montafia, C. | Short-term medication adherence in patients following acute coronary syndrome | 2010 | Prevalence only, not predictors |
| 190 | Mostaza, J. M. | Factors associated with the discontinuation of evidence-based cardiovascular therapies in patients with stable coronary artery disease: a primary care perspective | 2009 | Non-ACS population |
| 191 | Muntner, P. | Predictors of low clopidogrel adherence following percutaneous coronary intervention | 2011 | Non-ACS population |
| 192 | Musumeci, G. | Dual antiplatelet therapy discontinuation after des implantation: Gender differences in long-term prognosis | 2011 | Adherence as a predictor rather than outcome |
| 193 | Naderi, S. H. | Adherence to Drugs That Prevent Cardiovascular Disease: Meta-analysis on 376,162 Patients | 2012 | Review |

| | | | | |
|-----|------------------|--|------|---|
| 194 | Newby, L. K. | Aspirin use post-acute coronary syndromes: intolerance, bleeding and discontinuation | 2003 | Non-psychosocial factors only |
| 195 | Newby, L. K. | Long-term adherence to evidence-based secondary prevention therapies in coronary artery disease | 2006 | Non-ACS population |
| 196 | Nordstrom, B. L. | Adherence and Persistence with Prasugrel Following Acute Coronary Syndrome with Percutaneous Coronary Intervention | 2013 | Non-psychosocial factors only |
| 197 | Ou, H. T. | Cost-effectiveness of cardiac rehabilitation program on patient medication adherence and hospitalization in medicaid population with acute myocardial infarction | 2012 | Non-psychosocial factors only |
| 198 | Pandey, A. K. | Text message reminders to address medication non-adherence in post-MI patients: A one year intervention study | 2014 | Non-psychosocial factors only |
| 199 | Park, L. G. | A text messaging intervention improves medication adherence for patients with coronary heart disease: A randomized controlled trial | 2013 | Intervention - no baseline associations |
| 200 | Parodi, G. | Residual platelet reactivity, bleedings, and adherence to treatment in patients having coronary stent implantation treated with prasugrel | 2012 | Non-ACS population |

| | | | | |
|-----|------------------|---|------|-------------------------------|
| 201 | Pedan, A. | Analysis of factors associated with statin adherence in a hierarchical model considering physician, pharmacy, patient, and prescription characteristics | 2007 | Non-ACS population |
| 202 | Philipson, T. J. | Pharmacy cost sharing, antiplatelet therapy utilization, and health outcomes for patients with acute coronary syndrome | 2012 | Non-psychosocial factors only |
| 203 | Philipson, T. J. | Pharmacy cost sharing, antiplatelet therapy utilization, and health outcomes for patients with acute coronary syndrome | 2010 | Non-psychosocial factors only |
| 204 | Quadros, A. S. | A risk score predicts compliance to thienopyridines after coronary stent implantation | 2009 | Non-psychosocial factors only |
| 205 | Quadros, A. S. | Identifying patients at risk for premature discontinuation of thienopyridine after coronary stent implantation | 2011 | Non-ACS population |
| 206 | Rasmussen, J. N | Relationship between adherence to evidence-based pharmacotherapy and long-term mortality after acute myocardial infarction | 2007 | Non-psychosocial factors only |
| 207 | Rasmussen, J. N | Use of statins and beta-blockers after acute myocardial infarction according to income and education | 2007 | Non-psychosocial factors only |

| | | | | |
|-----|---------------|--|------|--------------------|
| 208 | Rieckmann, N. | Course of Depressive Symptoms and Medication Adherence After Acute Coronary Syndromes. An Electronic Medication Monitoring Study | 2006 | Included |
| 209 | Rieckmann, N. | Course of Depressive Symptoms and Medication Adherence After Acute Coronary Syndromes. An Electronic Medication Monitoring Study | 2006 | Duplicate |
| 210 | Rieckmann, N. | Persistent depressive symptoms lower aspirin adherence after acute coronary syndromes | 2006 | Included |
| 211 | Rinfret, S. | Telephone contacts to improve adherence to dual anti-platelet therapy following drug-eluting stent implantation; a randomized controlled-trial | 2012 | Non-ACS population |
| 212 | Rinfret, S. | Telephone contact to improve adherence to dual antiplatelet therapy after drug-eluting stent implantation | 2013 | Non-ACS population |
| 213 | Romanelli, J. | The significance of depression in older patients after myocardial infarction | 2002 | Included |
| 214 | Rossini, R. | Prevalence, Predictors, and Long-Term Prognosis of Premature Discontinuation of Oral Antiplatelet Therapy After Drug Eluting | 2011 | Non-ACS population |

Stent Implantation

| | | | | |
|-----|-------------|--|------|-------------------------------|
| 215 | Rossini, R. | Discontinuation of oral antiplatelet therapy after DES implantation: Prevalence, predictors, and long-term prognosis | 2009 | Non-psychosocial factors only |
| 216 | Rossini, R. | Early and late discontinuation of oral antiplatelet therapy after des implantation: Prevalence, predictors, and long-term prognosis | 2010 | Non-psychosocial factors only |
| 217 | Rossini, R. | Premature discontinuation of dual antiplatelet therapy after drug-eluting stent implantation: Predictors and long-term prognosis | 2010 | Non-psychosocial factors only |
| 218 | Rossini, R. | Prevalence, predictors, and long-term prognosis of discontinuation of oral antiplatelet therapy after DES implantation | 2009 | Non-psychosocial factors only |
| 219 | Roth, G. A. | Clopidogrel use and early outcomes among older patients receiving a drug-eluting coronary artery stent | 2012 | Non-ACS population |
| 220 | Rymer, J. | Persistence of Evidence-Based Medication Use After Discharge from Academic Versus Nonacademic Hospitals Among Patients With Non-ST-Segment Elevation Myocardial Infarction | 2014 | Non-psychosocial factors only |
| 221 | Sabate, M. | The EXAMINATION trial (everolimus-eluting stents versus bare-metal stents in st-segment elevation myocardial infarction): 2-year | 2014 | Non-psychosocial factors only |

results from a multicenter randomized controlled trial

| | | | | |
|-----|----------------------|---|------|-------------------------------|
| 222 | Salomaa, V. | Use of secondary preventive medications after the first attack of acute coronary syndrome | 2007 | Non-psychosocial factors only |
| 223 | Sanfeliix-Gimeno, G. | Adherence to Evidence-Based Therapies After Acute Coronary Syndrome: A Retrospective Population-Based Cohort Study Linking Hospital, Outpatient, and Pharmacy Health Information Systems in Valencia, Spain | 2013 | Non-psychosocial factors only |
| 224 | Sapunova, I. D. | Adherence to lifestyle management and treatment in patients after acute coronary syndromes | 2011 | Focus on lifestyle factors |
| 225 | Schneeweiss, S. | Adherence to beta-blocker therapy under drug cost-sharing in patients with and without acute myocardial infarction | 2007 | Non-psychosocial factors only |
| 226 | Schneeweiss, S. | Adherence to beta-blocker therapy under drug cost-sharing in patients with and without acute myocardial infarction | 2007 | Duplicate |
| 227 | Schulman-Marcus, J. | Heightened medication concern and self-reported adherence after acute coronary syndrome | 2013 | Included |
| 228 | Schwaab, B. | Cardiac rehabilitation after acute myocardial infarction; effect on | 2011 | Focus on lifestyle |

| | | | | |
|-----|----------------|--|------|-------------------------------|
| | | mortality, morbidity, medication and lifestyle changes | | factors |
| 229 | Schwalm, J. R. | Delayed educational reminders for long-term medication adherence in ST-elevation myocardial infarction (DERLA-STEMI) | 2014 | Non-psychosocial factors only |
| 230 | Schwalm, J. R. | Pragmatic, cluster-randomized controlled trial of delayed educational reminders for long-term medication adherence in St-elevation myocardial infarction (derla-STEMI) | 2013 | Non-psychosocial factors only |
| 231 | Sergie, Z. | Predictors of non-adherence to dual antiplatelet therapy after percutaneous coronary intervention in a large multinational registry | 2012 | Non-psychosocial factors only |
| 232 | Sergie, Z. | Impact of education on dual antiplatelet therapy adherence | 2012 | Non-psychosocial factors only |
| 233 | Sergie, Z. | Lower education level is associated with non-adherence to dual antiplatelet therapy after PCI: 6-Month results from Paris | 2012 | Non-psychosocial factors only |
| 234 | Setakis, E. | Persistence with beta-blockers in coronary heart disease patients in UK primary care | 2009 | Non-ACS population |
| 235 | Shah, Nilay D. | Long-term Medication Adherence after Myocardial Infarction: Experience of a Community | 2009 | Non-psychosocial factors only |

| | | | | |
|-----|-----------------|---|------|---|
| 236 | Shemesh, E. | Symptoms of posttraumatic stress disorder in patients who have had a myocardial infarction | 2006 | Intervention - no baseline associations |
| 237 | Shemesh, E. | Posttraumatic stress, nonadherence, and adverse outcome in survivors of a myocardial infarction | 2004 | Included |
| 238 | Sheridan, S. L. | A randomized trial of an intervention to improve use and adherence to effective coronary heart disease prevention strategies | 2011 | Non-ACS population |
| 239 | Shore, S. | Utilization of guideline-concordant therapies in longitudinal care after myocardial infarction as a function of patient risk | 2013 | Adherence to guidelines |
| 240 | Simpson, E. | Drug prescriptions after acute myocardial infarction: Dosage, compliance, and persistence | 2003 | Prevalence only, not predictors |
| 241 | Singh, N. | Suboptimal adherence to evidence based coronary artery disease (CAD) therapy: Impact of gender, ethnicity, prescribing physician and drug intolerance | 2014 | Non-ACS population |
| 242 | Smith, D. H. | A randomized trial of direct-to-patient communication to enhance adherence to beta-blocker therapy following myocardial infarction | 2008 | Non-psychosocial factors only |
| 243 | Solomon, M. D. | Medication use after coronary revascularization in a large, | 2012 | Non-ACS population |

community-based population

| | | | | |
|-----|----------------|---|------|--------------------------------------|
| 244 | Son, Y. J. | Role of depressive symptoms and self-efficacy of medication adherence in Korean patients after successful percutaneous coronary intervention | 2014 | Non-ACS population |
| 245 | Sorensen, R. | Initiation and persistence with clopidogrel treatment after acute myocardial infarction - a nationwide study | 2008 | Prevalence only, not predictors |
| 246 | Sorensen, R. | Initiation and persistence with clopidogrel treatment after acute myocardial infarction - a nationwide study | 2008 | Duplicate |
| 247 | Spertus, J. A. | Prevalence, predictors, and outcomes of premature discontinuation of thienopyridine therapy after drug-eluting stent placement: results from the PREMIER registry | 2006 | Non-psychosocial factors only |
| 248 | Stuart, B. | How Medicare Part D Benefit Phases Affect Adherence with Evidence-Based Medications Following Acute Myocardial Infarction | 2013 | Non-psychosocial factors only |
| 249 | Sud, A. | Adherence to medications by patients after acute coronary syndromes | 2005 | Included |
| 250 | Thim, T. | Clopidogrel discontinuation within the first year after coronary drug-eluting stent implantation: an observational study | 2014 | Adherence as a predictor rather than |

outcome

| | | | | |
|-----|---------------------|---|------|-------------------------------|
| 251 | Tuppin, P. | Evidence-based pharmacotherapy after myocardial infarction in France: Adherence-associated factors and relationship with 30-month mortality and rehospitalization | 2010 | Non-psychosocial factors only |
| 252 | Tuppin, P. | Patient characteristics associated with adherence to evidence based medications (EBM) and mortality after acute myocardial infarction (AMI): A nationwide French survey of administrative data | 2010 | Non-psychosocial factors only |
| 253 | van der Elst, M. E. | Preventive drug use in patients with a history of nonfatal myocardial infarction during 12-year follow-up in The Netherlands: A retrospective analysis | 2005 | Non-psychosocial factors only |
| 254 | Virani, S. S. | Is High-Intensity Statin Therapy Associated With Lower Statin Adherence Compared With Low- to Moderate-Intensity Statin Therapy? Implications of the 2013 American College of Cardiology/American Heart Association Cholesterol Management Guidelines | 2014 | Non-ACS population |

| | | | | |
|-----|---------------------|---|------|---------------------------------|
| 255 | Vlachojannis, G. J. | Regional trends in dual antiplatelet therapy non-adherence among patients undergoing percutaneous coronary intervention: Insights from the paris registry | 2012 | Non-psychosocial factors only |
| 256 | Wei, L. | Adherence to statin or aspirin or both in patients with established cardiovascular disease: exploring healthy behaviour vs. drug effects and 10-year follow-up of outcome | 2008 | Non-ACS population |
| 257 | Wei, L. | Use and adherence to beta-blockers for secondary prevention of myocardial infarction: who is not getting the treatment? | 2004 | Prevalence only, not predictors |
| 258 | Wei, L. | Effectiveness of two statin prescribing strategies with respect to adherence and cardiovascular outcomes: observational study | 2007 | Non-ACS population |
| 259 | Wei, L. | Adherence to statin treatment and readmission of patients after myocardial infarction: A six year follow up study | 2012 | Prevalence only, not predictors |
| 260 | Windle, S. B. | Use of medical therapy in patients 12 months post-acute myocardial infarction | 2012 | Non-psychosocial factors only |
| 261 | Xavier, D. | Community health worker based interventions in secondary prevention of CVD in India (SPREAD): Methods and baseline results | 2013 | Non-ACS population |
| 262 | Yallapragada, S. | Adherence to dual antiplatelet therapy: Can we do better? | 2013 | Review |

| | | | | |
|-----|------------|---|------|-------------------------------|
| 263 | Yan, A. T. | Optimal medical therapy at discharge in patients with acute coronary syndromes: Temporal changes, characteristics, and 1-year outcome | 2007 | Prescribing not adherence |
| 264 | Ye, S. | Behavioral mechanisms, elevated depressive symptoms, and the risk for myocardial infarction or death in individuals with coronary heart disease: The REGARDS (reason for geographic and racial differences in stroke) study | 2013 | Non-ACS population |
| 265 | Ye, S. | Polypharmacy is a Predictor of Medication Nonadherence after Acute Coronary Syndrome: An Electronic Medication Monitoring Study | 2010 | Non-psychosocial factors only |
| 266 | Yu, A. P. | Delay in filling the initial prescription for a statin: a potential early indicator of medication nonpersistence | 2008 | Non-ACS population |
| 267 | Yusuf, S. | Effects of long-term, moderate-intensity oral anticoagulation in addition to aspirin in unstable angina | 2001 | No measure of adherence |
| 268 | Zhang, F. | Very late stent thrombosis in-late stent malapposition after sirohms-eluting stent implantation | 2007 | Study design |
| 269 | Zhang, Y. | Disability, race/ethnicity, and medication adherence among | 2012 | Non-psychosocial |

| | | | | |
|-----|------------------|---|------|-------------------------------|
| | | Medicare myocardial infarction survivors | | factors only |
| 270 | Zhao, Z. | Clopidogrel adherence and persistence in a cohort of acute coronary syndrome Medicare patients with and without diabetes mellitus | 2010 | Non-psychosocial factors only |
| 271 | Zhu, B. | Predictors of clopidogrel use and adherence for patients with acute coronary syndromes in a large employer-based claims database | 2010 | Non-psychosocial factors only |
| 272 | Zhu, B. | Factors associated with clopidogrel use, adherence, and persistence in patients with acute coronary syndromes undergoing percutaneous coronary intervention | 2011 | Non-psychosocial factors only |
| 273 | Zuckerman, I. H. | Impact of an educational intervention for secondary prevention of myocardial infarction on Medicaid drug use and cost.[see comment] | 2004 | Non-psychosocial factors only |

Independently sourced

| Record | Author | Title | Year | Reason for exclusion |
|--------|----------|--|------|----------------------|
| 1 | Bane, C. | The impact of depressive symptoms and psychosocial factors on medication adherence in cardiovascular disease | 2006 | Non-ACS population |

| | | | | |
|---|---------------------|---|------|-------------------------------|
| 2 | Benner, J. S. | Long-term persistence in use of statin therapy in elderly patients | 2002 | Non-ACS population |
| 3 | Cottrell, W. | Exploring beliefs about heart failure treatment in adherent and nonadherent patients: use of the repertory grid technique | 2013 | Non-ACS population |
| 4 | Jackevicius, C. A. | Adherence With Statin Therapy in Elderly Patients With and Without Acute Coronary Syndromes | 2002 | Non-psychosocial factors only |
| 5 | Kassab, Y. | Patients' adherence to secondary prevention pharmacotherapy after acute coronary syndromes | 2013 | Non-psychosocial factors only |
| 6 | Kronish, I. M. | Persistent depression affects adherence to secondary prevention behaviors after acute coronary syndromes | 2006 | Included |
| 7 | Kuepper-Nybelen, J. | Association of long-term adherence to evidence-based combination drug therapy after acute myocardial infarction with all-cause mortality. A prospective cohort study based on claims data | 2012 | Non-psychosocial factors only |
| 8 | Kulik, A. | Adherence to statin therapy in elderly patients after hospitalization for coronary revascularization | 2011 | Non-ACS population |
| 9 | Lee, W. L. | Prevalence and predictors of patient adherence to health recommendations after acute coronary syndrome: data for | 2012 | Non-psychosocial factors only |

targeted interventions?

| | | | | |
|----|--------------|---|------|-------------------------------|
| 10 | Mixon, A. S. | Characteristics associated with postdischarge medication errors | 2014 | Non-psychosocial factors only |
| 11 | Molloy, G. | Practical support predicts medication adherence and attendance at cardiac rehabilitation following acute coronary syndrome | 2008 | Included |
| 12 | Molloy, G. | Social networks and partner stress as predictors of adherence to medication, rehabilitation attendance, and quality of life following acute coronary syndrome | 2008 | Included |
| 13 | Molloy, G. | Type D Personality, Self-Efficacy, and Medication Adherence Following an Acute Coronary Syndrome | 2012 | Included |
| 14 | Molloy, G. | Intentional and unintentional non-adherence to medications following an acute coronary syndrome: a longitudinal study | 2014 | Non-psychosocial factors only |
| 15 | Sarkar, U. | Self-Efficacy as a Marker of Cardiac Function and Predictor of Heart Failure Hospitalization and Mortality in Patients With Stable Coronary Heart Disease: Findings From the Heart and Soul Study | 2009 | No measure of adherence |
| 16 | Stafford, L. | Illness Beliefs About Heart Disease and Adherence to Secondary | 2008 | Non-ACS population |

Prevention Regimens

| | | | | |
|----|----------------|--|------|----------------------------|
| 17 | Vilchinsky, N. | Dynamics of Support Perceptions Among Couples Coping With Cardiac Illness: The Effect on Recovery Outcomes | 2011 | No measure of adherence |
| 18 | Williams, L. | Type D personality predicts poor medication adherence in myocardial infarction patients | 2011 | Included |
| 19 | Zullig, L. | Association between perceived life chaos and medication adherence in a postmyocardial infarction population | 2013 | Included |

Appendix II: Full reasons for exclusion table

| Methodological issue | Questions addressed | Scoring |
|---|---|----------------------|
| Theoretical background | 1. Is a theoretical background presented, to which the motivation for conducting the study and/or the hypotheses are linked? | Y = 3, NR = 2, N = 1 |
| Study participation * | 2. Is the study population clearly described in terms of age, gender, and important disease characteristics? | Y = 3, NR = 2, N = 1 |
| | 3. Is the percentage of eligible subjects who participated in the study (response rate) adequate? | Y = 3, NR = 1, N = 2 |
| Sampling | 4. Are patients who participated in the study similar to eligible non-participants, in terms of age, gender, and important disease characteristics? | Y = 3, NR = 1, N = 2 |
| Study attrition * | 5. Is the percentage of subjects available for analysis adequate (i.e., >70 %)? | Y = 3, NR = 1, N = 2 |
| | 6. Were reasons for loss to follow-up presented and assessed during the study for possible systematic attrition? | Y = 3, NR = 1, N = 2 |
| Determinant/correlate(s) measurement * | 7. Are clear definitions of each determinant and/or correlate provided? | Y = 3, NR = 2, N = 1 |
| | 8. Are clear operationalizations of each determinant and/or correlate provided? | Y = 3, NR = 2, N = 1 |
| | 9. Are the measurement instruments used for the measurement of the determinants and correlates reliable and valid? | Y = 3, NR = 1, N = 2 |
| | 10. Were the measurement approach, time and place of measurement of the determinants and/or correlates standardized or conducted in a way that limits systematically different measurement? | Y = 3, NR = 2, N = 1 |
| Outcome variable(s) measurement * | 11. Are clear definitions of each outcome variable provided? | Y = 3, NR = 2, N = 1 |
| | 12. Are clear operationalizations of each outcome variable provided? | Y = 3, NR = 2, N = 1 |
| | 13. Are the measurement instruments used for the measurement of the outcome variable(s) reliable and valid? | Y = 3, NR = 2, N = 1 |
| | 14. Were the measurement approach, time and place of measurement of the outcome variable(s) standardized or conducted in a way that limits systematically different measurement? | Y = 3, NR = 2, N = 1 |
| Statistical analyses * | 15. Is the percentage of missing values adequate (i.e., <30 %)? | Y = 3, NR = 1, N = 2 |
| | 16. Were multivariable analyses performed? If yes, was it clearly described which variables were included in the (multivariable) model(s)? | Y = 3, NR = 1, N = 2 |
| General limitations | 17. Were there any other important flaws in the design or analyses of the study? | Y = 1, NR = 2, N = 3 |

Note. Y = Yes, N = No, NR = Not Reported

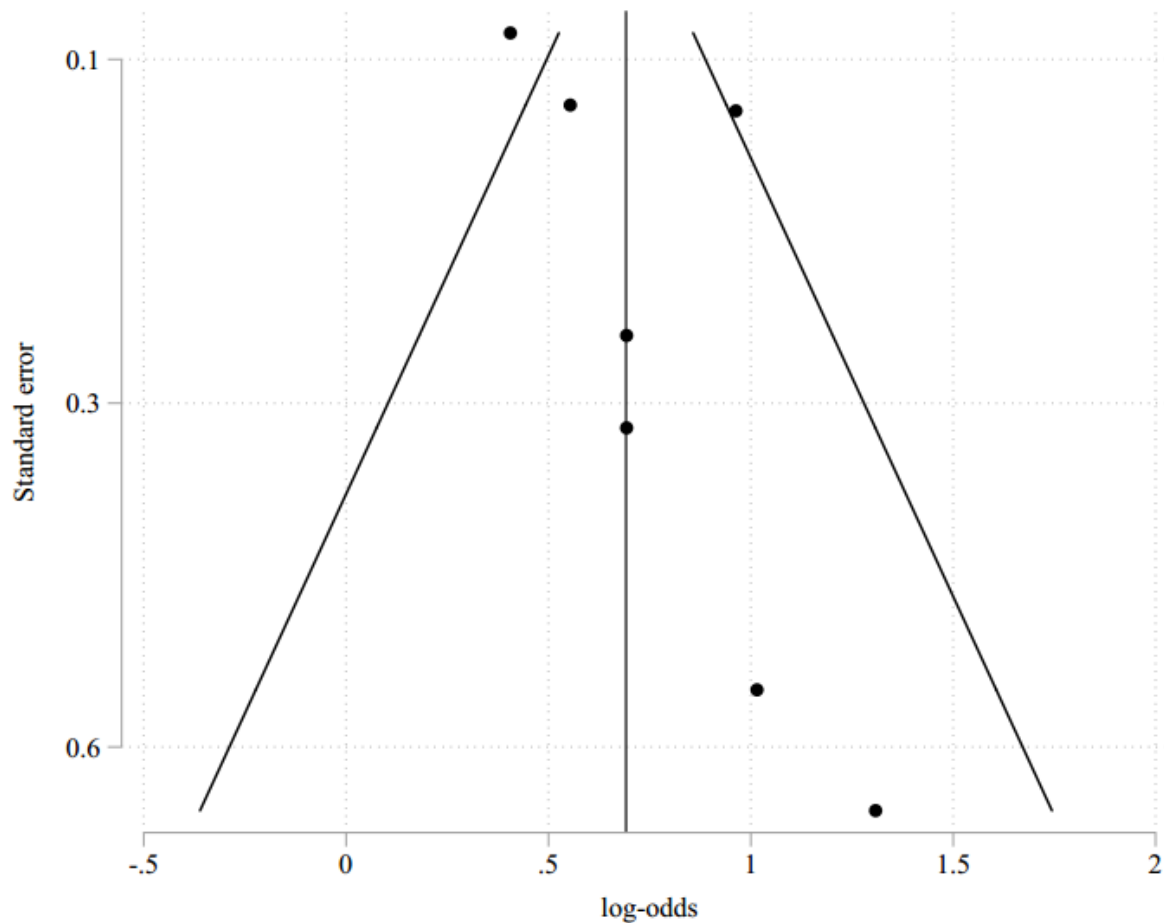
Ratings. Studies that received an average quality score of between 2.5 and 3.0 were regarded as good-quality studies, those that received an average score between 2.0 and 2.4 or less were regarded as fair-quality studies, and those that received an average score of below 2.0 were regarded as poor-quality studies.

* One of the 6 QUIPS domains (Study Confounding domain missing - Q16 could be considered to cover confounder variables)

| Study | Questions | | | | | | | | | | | | | | | | | Score | Rating |
|----------------------|-----------|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|-------|--------|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | | |
| Allen LaPointe [58] | 1 | 3 | 3 | 1 | 3 | 3 | 1 | 1 | 3 | 3 | 3 | 3 | 1 | 3 | 1 | 3 | 3 | 2.3 | Fair |
| Castellano [59] | 3 | 3 | 3 | 1 | 3 | - | 1 | 1 | 3 | 3 | 3 | 3 | 3 | 3 | 1 | 2 | 3 | 2.4 | Fair |
| Jin [60] | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 1 | 3 | 1 | 3 | 1 | 2 | 3 | 2.6 | Good |
| Kronish [61] | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2.9 | Good |
| Kronish [62] | 3 | 3 | 1 | 1 | 3 | 1 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 1 | 3 | 3 | 2.5 | Good |
| McGee [63] | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 1 | 1 | 1 | 1 | 1 | 1 | 2 | 3 | 2.2 | Fair |
| Molloy [64] | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 1 | 1 | 1 | 3 | 3 | 3 | 3 | 2.6 | Good |
| Molloy [65] | 3 | 3 | 3 | 3 | 3 | 1 | 3 | 3 | 2 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 2.8 | Good |
| Molloy [66] | 3 | 3 | 3 | 3 | 3 | 1 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 2.8 | Good |
| Rieckmann [67] | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 1 | 1 | 3 | 2.7 | Good |
| Rieckmann [68] | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 1 | 2 | 3 | 2.8 | Good |
| Romanelli [69] | 3 | 3 | 2 | 1 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 2 | 3 | 1 | 1 | 3 | 2.5 | Good |
| Schulman-Marcus [70] | 2 | 2 | 3 | 1 | 1 | - | 2 | 2 | 3 | 3 | 2 | 2 | 3 | 3 | 1 | 3 | 1 | 2.1 | Fair |
| Shemesh [71] | 3 | 3 | 3 | 1 | 2 | 3 | 3 | 3 | 1 | 3 | 3 | 3 | 1 | 3 | 1 | 1 | 1 | 2.2 | Fair |
| Sud [72] | 3 | 3 | 2 | 3 | 3 | - | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 1 | 3 | 3 | 2.8 | Good |

| | | | | | | | | | | | | | | | | | | | |
|---------------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|-----|------|
| Williams [73] | 3 | 3 | 3 | 3 | 2 | 1 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2.8 | Good |
| Zullig [74] | 3 | 3 | 3 | 3 | 3 | - | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | - | 3 | 3 | 3.0 | Good |

Appendix III: Full quality assessment table for the included studies



Appendix IV: Funnel plot showing the potential risk of bias for seven studies included in a meta-analysis looking at depression as a predictor of medication adherence

Identifying psychosocial predictors of medication non-adherence following acute coronary syndrome: a systematic review and meta-analysis

Highlights

- A meta-analysis revealed depressed patients were twice as likely to be non-adherent compared to non-depressed.
- There was some evidence that treatment beliefs predicted medication non-adherence.
- Some psychosocial factors may be targetable for intervention to improve adherence rates.